TORONTO
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Monday, October 3, 2011
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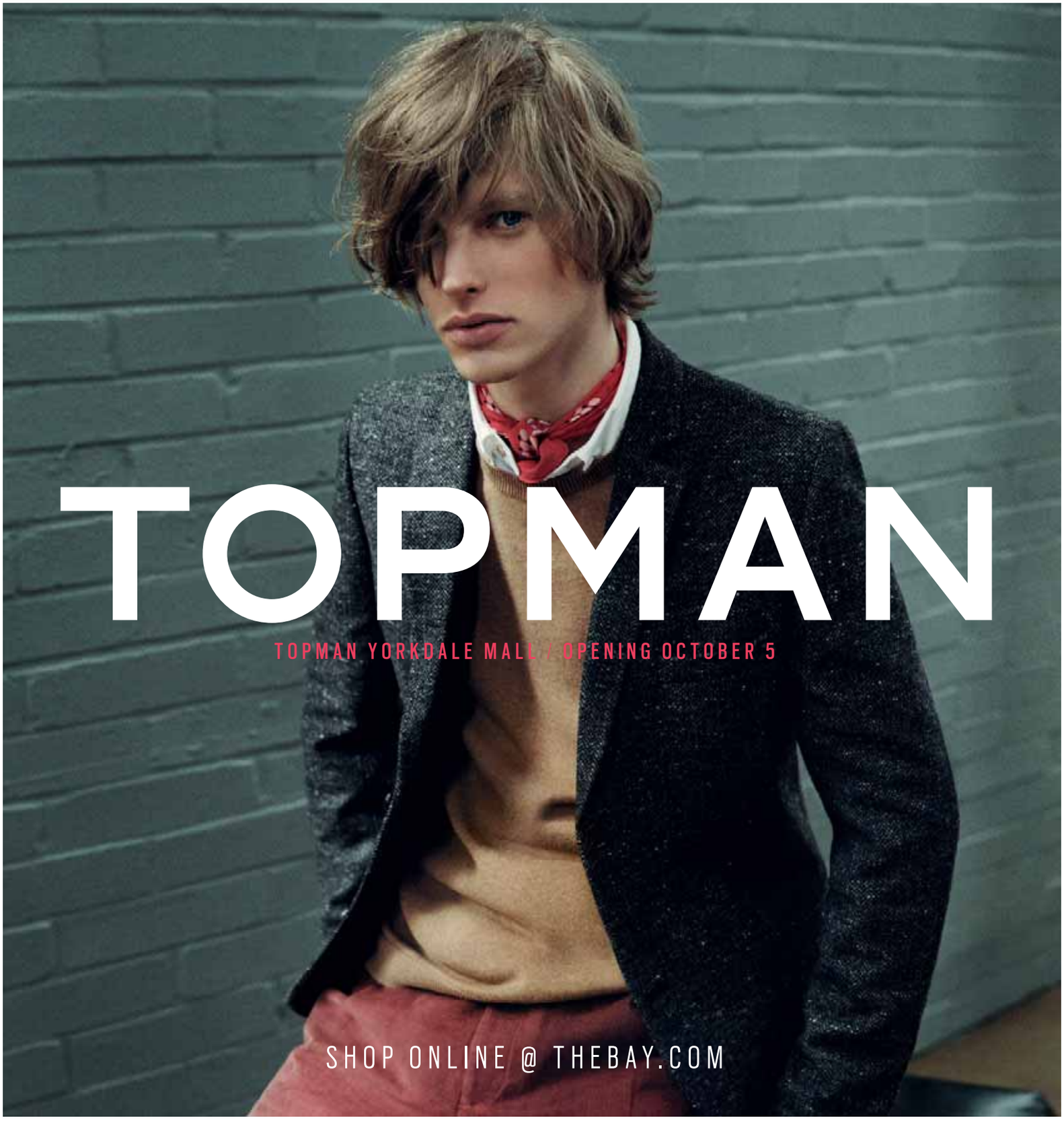
News worth sharing.



TOPMAN YORKDALE MALL / OPENING OCTOBER 5TH

TOPMAN IS HERE

TOPMAN IS THE GO-TO HIGH STREET LABEL FOR THE LATEST TRENDS IN CONTEMPORARY MENSWEAR. IT IS A ONE-STOP SHOP FOR CLOTHES THAT MEN CAN BASE ENTIRE WARDROBES AROUND. IT'S AFFORDABLE, FASHIONABLE AND WIDE-RANGING: A BRILLIANT TEE IS JUST AS LIKELY TO SWING FROM A RAIL AS A SHARPLY TAILORED SUIT FROM THE ACCLAIMED TOPMAN DESIGN COLLECTION, AS SEEN ON THE CATWALKS AT LONDON FASHION WEEK.

TOPMAN'S A-Z: FROM CATWALK TO HERITAGE, AND FROM LTD TO QUALITY, FROM BARBOUR TO KNITWEAR VIA TRENDS, ZIPS AND ALL SIZES, HERE'S THE BRAND LOWDOWN.

A IS FOR ACCESSORIES outfits need a full-stop from belts to boots, bags to bow ties. Topman gives good accessory. ***B*** IS FOR BARBOUR quintessential British brand comes to Toronto fresh from staging a comeback on home turf. ***C*** IS FOR CATWALK every season Topman Design takes to the stage as a headline act at London Fashion Week's dedicated menswear day. ***D*** IS FOR DENIM from carrot to twister, skinny to slim, straight to cuffed, lightwashed to stonewashed, indigo and bleached – the Topman denim offer is big, on-trend and affordable. ***E*** IS FOR EMERGING TALENT new desigers work all across Topman, from the in-house designers to the MAN catwalk initiative for new stars and on the shop floor, where new names sell their clothes and create exclusive one-off pieces. ***F*** IS FOR FLAGSHIP LONDON at Oxford Circus, the Topman UK flagship has recently doubled in floor space and is a fashion haven for trend spotting. ***G*** IS FOR GIFT CARD for the man who has everything. Load cash onto a stylish bit of plastic and let him spend when and how he wants. ***H*** IS FOR HERITAGE Topman was set up in 1978 and since then it has established itself as the go-to label ***I*** IS FOR INSTORE DJS live sets by the latest and most upcoming soundsmiths regularly hit the Topman store, including the Saturday Matinée slot. ***J*** IS FOR JACKETS from anoraks to suiting, denim to jersey, Topman owns the jacket.Fact ***K*** IS FOR KNITWEAR Topman leads in the knitwear stakes, championing all the latest woolen trends – from the indie rock cardigan to the super chunky patterned jumper and beyond. ***L*** IS FOR LTD set up in 2009 Topman LTD takes a more luxurious, timeless menswear direction with emphasis on thought-ful design crafted in the finest fabrics. In short: modern wardrobe classics. ***M*** IS FOR MUSIC from the rhythms that accompany the models on the Topman Design catwalk, to the live in-store DJ sets, to the musicians and rock royalty who inspire the clothes – music and fashion go hand in hand at Topman. ***N*** IS FOR NEW YORK the Big Apple was Topman's first USA foray. It was a hit. ***O*** IS FOR ORIGINAL from the latest witty tee print, to the best new underground band and the hottest new design talent, Topman loves to be original. ***P*** IS FOR PRICE all you need to know for our price points is a few key words. They are: competitive, value, discounts, sales, offers – simple words but ones that guarantee good value every time you visit the store. ***Q*** IS FOR QUALITY just because there is a keen eye on cost doesn't mean Topman doesn't deliver clothes that last beyond the season. ***R*** IS FOR RUNWAY Topman's MAN initiative gives three up-and-coming designers a season the chance to show on a catwalk during London fashion week. Respect. ***S*** IS FOR STUDENTDISCOUNT 10% discount for students all year round. ***T*** IS FOR TORONTO home to the first Topman store in Canada. ***U*** IS FOR UNDERWEAR from lounge shorts to colorful socks and date night pants, the whole world of underwear is covered at Topman. ***V*** IS FOR VIP FANS on the festival circuit, in the front row and on the TV screen, there's a lot of VIP love for Topman. Think Taylor Lautner, Justin Bieber and Mark Ronson to name just three. ***W*** IS FOR WEBSITE trend advice, fashion features and the very latest news on what's arrived this week – topman.com truly brings it. ***X*** IS FOR XXS – XXL Topman's size range is refreshingly broad across the board. Rejoice. ***Y*** IS FOR YOUTHFUL you don't have to be young to wear Topman but a youthful spirit helps. ***Z*** IS FOR ZIPS AND DETAILS from a new season silhouette tweak to the perfect jacket lapel or the latest button style, in menswear the details count.

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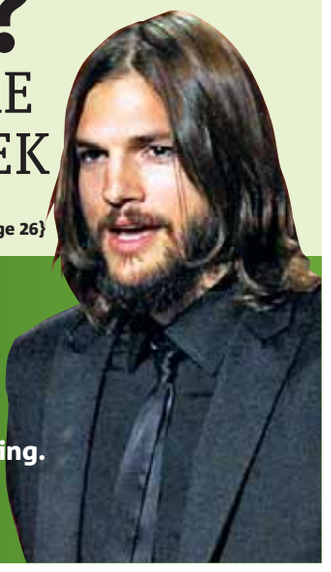
Douglas Craig
Aug. 27
St. Marys, ON

$100,000 WINNER

THINK PINK
SPECIAL SECTION ON BREAST CANCER AWARENESS {pages 29-32}

BIG FIX?
KUTCHER, MOORE REPORTEDLY SEEK MARITAL HELP {page 26}



TORONTO metro®

Monday, October 3, 2011
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News worth sharing.

PHOTO ILLUSTRATION BY DAVID VAN DYKE

Hire me, Ontario

Metro's editorial board conducted job interviews with the party leaders We asked Tim Hudak, Dalton McGuinty, Mike Schreiner and Andrea Horwath why they want to be premier and what they bring to the table {pages 6-7}

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Hallelujah! Four-legged friends get blessed

RICK EGLINTON/TORSTAR NEWS SERVICE

▶ Father David Burrows, left, conducts the annual blessing of the animals yesterday at St. Olave's Anglican church.

Timis the horse quietly stood still on a patch of grass outside a church as Father David Burrows offered his blessing.

"Blessed are you, gracious God; all creation praises you," Burrows began.

Then Timis leaned over ever so slightly and tried to eat Burrows' prayer sheet.

"He liked it!" the children shrieked with delight.

Timis and police officer Carol Windsor of the Toronto Police Mounted Unit were among the dozens of beloved animals and their human companions who turned up at the blessing of the animals at St. Olave's Anglican church yesterday.

The special service, a first in many years for the Windemere Avenue parish in Toronto's Bloor West Village, hailed a message of connecting to all of the Earth's creatures, protecting the environment, and the need to halt pollution and global warming.

Animals that were blessed included dogs, cats, gerbils and hamsters.

TORSTAR NEWS SERVICE

Peel police missing weapons

Many cases written off as 'solved' even though arms not recovered

Peel police officers have lost a small arsenal of weapons in recent years and most are still missing.

Nearly 75 per cent of the weapons lost or stolen since 1994 — a list that includes two sniper rifles, pepper spray canisters, loaded ammunition clips and dozens of police batons — have never been recovered.

The Toronto Star analyzed 45 police occurrence reports from 2005 to 2010 in which a firearm, ammunition or use-of-force equipment was lost or stolen. The reports, obtained through access to information legislation, revealed officers losing weapons in a variety of public places, including a Tim Hortons shop, a parking lot and a park. There were at least five instances where the weapons disappeared inside a police facility.

The Star also found eight cases in the past two years where police wrote off the cases as "complete" and "solved," even though the weapons were never recovered.

Police officials say they have adopted stricter tracking and accountability measures since Chief Mike Metcalf was appointed in 2006. Yet the number of officers losing their weapons has remained about steady.

TORSTAR NEWS SERVICE

Park. Shooting

▶ Police investigate at Trinity Park near Crawford Street yesterday.

RICK EGLINTON/TORSTAR NEWS SERVICE

Man succumbs to gunshot injuries

A man who was shot twice in the upper body early yesterday morning near Trinity Bellwoods Park has died of his injuries. Police responded to a call in the area of the park around 3:15 a.m. The 25-year-old male was rushed to a trauma centre with life-threatening gunshot wounds. The shooting occurred during the all-night Scotiabank Nuit Blanche arts festival, which had events in the park.

1 news

Two new reports from Oxfam paint an unnerving portrait of Afghanistan's human-rights record. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

The persistence of the European debt crisis likely means we're in for another up-and-down week on the stock market. Video at metronews.ca/video

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CONSERVATIVES

Hudak warns of Grit-NDP coalition

Progressive Conservative Leader Tim Hudak is warning that Ontario could end up with a minority government coalition in which the Liberals and New Democrats would work together to raise taxes.

"The Liberals and the NDP: They'll increase taxes and they'll spend money on everything under the sun," Hudak said yesterday.

Hudak's strategy is reminiscent of Prime Minister Stephen Harper's, whose spring election included frequent warnings that the federal Liberals and NDP would scheme to form a coalition.

Polls suggest the Conservatives and the Liberals are in a dead heat. That could leave the New Democrats in the position of kingmaker.

THE CANADIAN PRESS

McGuinty shrugs off Flaherty endorsement

Though the Liberals' dream of a third consecutive majority seems increasingly under threat, Premier Dalton McGuinty is denying his campaign has been dealt a major blow by a high-profile federal endorsement of his Tory rival.

McGuinty acknowledged Saturday that federal Finance Minister Jim Flaherty's show of support for Progressive Conservative leader Tim Hudak was a significant development.

But he brushed off any suggestion it might undermine his chances on Thursday.

"I don't think Ontarians like being told what to do," he said. "I think Ontarians have a mind of their own."

THE CANADIAN PRESS

Horwath keeping her eyes on the prize

NDP leader ducks coalition talk, focuses on commitments to voters

DECISION ONTARIO

DAVE CHIDLEY/THE CANADIAN PRESS

▶ Ontario NDP Leader Andrea Horwath reminds supporters that there are only five days left in the campaign, at a stop at her riding headquarters in Hamilton Saturday.

Ontario's New Democrats side-stepped speculation about a minority at the provincial legislature yesterday, choosing instead to plug what the party would do during its first 100 days in office.

NDP Leader Andrea Horwath released the party's priorities, just as Liberal Premier Dalton McGuinty ruled out a coalition and Tory Leader Tim Hudak indicated he wasn't interested in one if no party wins a majority.

While Horwath did not dismiss the possibility of a coalition, she spent the final Sunday of the campaign stressing her bid to become premier.

"My job is to continue to let Ontarians know what my commitments are — which is why I put those commitments out clearly today — so that they know exactly what they're going to get in the first 100 days," she said after a Toronto rally.

Horwath's priorities for her first 100 days, should she become premier, deal with job creation, pocketbook relief, strengthening health care, helping Ontarians make "affordable" green choices, and raising corporate taxes.

Key NDP planks include tax breaks for businesses that create jobs, taking the HST off hydro and home heating, and freezing post-secondary tuition.

THE CANADIAN PRESS

Harris's shadow looms large in campaign

He's stayed largely out of public sight for almost a decade, yet former premier Mike Harris is still leaving his mark on Ontario politics.

Indeed, as the pace and rhetoric heated up ahead of the election, the ghost of Harris seemed to have been invoked with the frequency of a favourite dead uncle at a seance.

While Harris, who has not surfaced — at least publicly — as part of Progressive Conservative Leader Tim Hudak's campaign, Liberal Premier Dalton McGuinty has made several disparaging allusions to the Harris era.

"These guys will attack our public services," he said of the Progressive Conservatives at one recent campaign stop.

"Remember what the PC government did."

The Liberals also released a new TV ad Saturday that highlights Hudak's ties to Harris.

FRANK GUNN/THE CANADIAN PRESS

▶ Former premier Mike Harris.

It was in 1995 that Harris led his Progressive Conservative party to a decisive election win on the basis of the populist "Common Sense Revolution" platform.

What followed were some of the most divisive, in-your-face politics the province had ever seen, as Harris took an axe to taxes as well as to spending on welfare and a host of other government programs and services.

Substantively, Hudak's platform — including pledges to keep the HST and implement all-day kindergarten — is not that much different from the Liberal approach.

Nevertheless, Hudak's detractors point out he cut his political teeth under Harris. In addition, the Tory leader is married to Deb Hutton, Harris's chief of staff in his early years.

THE CANADIAN PRESS

Teenage boy disappears from hospital

The parents of a 15-year-old boy who went missing from a Toronto hospital say they are extremely worried about his health and safety.

Police have asked the public to help find Robert Frydman, who was last seen at Sick Children's Hospital.

CONTRIBUTED

▶ Robert Frydman

His mother, Daniele Gauvin, says Robert was disoriented and weak when he left the hospital at some point early Saturday morning.

She says she is becoming increasingly worried about her son, who has been missing for more than 30 hours in cold and rainy weather.

Frydman, a Grade 10 student at a Toronto high school, had been admitted for dehydration.

Gauvin says the usually active teen was sick and confused, but made it clear he did not want to be in hospital.

THE CANADIAN PRESS

Safety fears eat into cycling growth: Poll

A new survey shows the number of cyclists in Ontario is growing, but many respondents would cycle more if it was safer.

The survey for the Share the Road Cycling Coalition finds that about 28 per cent of adults in Ontario cycle regularly, up from 24 per cent in 2009.

But about 53 per cent of respondents say they would cycle more often if roads were safer.

THE CANADIAN PRESS

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Chefs will sign copies of their bestselling cookbook
3 Chefs: The Kitchen Men

You're the boss: Who will

Metro invited all four candidates for a 'job interview' with our editorial board Three out of four showed up

JOE LOFARO/METRO

Ontario PC Leader Tim Hudak in Metro Ottawa's newsroom.

Tim Hudak

PC: The Conservatives have been the Official opposition since 2003.

- **44-page resumé:** Changebook
- **Message:** "Surprise new taxes have taken repeated bites out of the family budget. We look at the last eight years and we say ... 'enough.'"
- **Focus:** More money in the pockets of average Ontarians, an essential-services guarantee and a cleanup of government.

1. Why do you want to be the premier of Ontario?
I want to work hard to fight each and every day for hardworking, average families ... who are falling farther and farther behind and seem to be last on the list of this government's priorities.

2. What do you bring to the position that no other candidate does?
We've got the right plan and an outstanding team, I mean, whether you're in Ottawa or London or Toronto, we have a strong team of candidates who have come from various walks of life, various backgrounds, professions, who want to bring change to Ontario.

3. Two short-term priorities?
Job creation is going to be job No. 1. I want to see young talent working here in Ontario, raising a family, starting their own business. The second change is to give families immediate relief.

4. What are two long-term priorities?
To improve our healthcare system. Over our mandate, we'll invest $6.1 billion in health care in new funds ... toward patient care. The other big change I want to make is in post-secondary education, to expand the number of positions in our colleges, universities and trades.

5. What about hydro rates?
Our workhorses have been nuclear power and hydro electricity. They're clean, they're emission-free and they also give you affordable base power. So we'll invest in those areas. We will close down the coal plants by 2014.... Wind and solar should complement the system.

6. How are you planning to address gridlock?
Toronto now has the worst gridlock in North America. We set aside $35 billion in our Changebook plan for infrastructure, targeted largely at transportation.

7. How do you deal with stress on the job?
Bourbon. You know what, I'm having fun. I like sports a lot.... I (also) have a beautiful little girl who's turning four in just a couple of days.

8. Describe Ontario in two words.
Strong and beautiful.

WORD FROM HR

Confident and professional, Tim Hudak had a direct, factual approach to his responses. He showed a keen sense of preparedness as he responded directly to each question poser. Poised and assertive, he showed knowledge of the subject, which allowed him to exude strength. Undeniably, his answers were careful and well rehearsed. The few examples he gave to support his responses were geared to slight the position of the other candidates. He leaned forward frequently to further convince the panel of his self-assured disposition. His softer, slightly humourous side didn't emerge until he was asked questions outside of the campaign focus.

DAVID VAN DYKE/METRO

Green Party of Ontario Leader Mike Schreiner in Metro Toronto's newsroom.

Mike Schreiner

GREEN PARTY: Having even one MPP elected would be a breakthrough.

- **16-page resumé:** It's Time: A five-point plan for Ontario's future.
- **Message:** "Forget our cynical political world for a moment and imagine a new kind of politics in Ontario: The kind where you come first."
- **Focus:** Jobs, energy, health care, local farms and government that works for people.

1. Why do you want to be the premier of Ontario?
The three old parties at Queen's Park are failing to address some of the major challenges of our generation — the loss of good local jobs ... rising energy prices and climate change.

2. What do you bring to the position that no other candidate does?
As an entrepreneur and a small-business owner, I know how to create jobs. And I'm not a political insider; I haven't been a lifetime politician. And so I think I bring a fresh voice, a new perspective.

3. Two short-term priorities?
Creating good local jobs by supporting our small to medium-sized businesses and ... rebuilding our mainstream economies. Our second objective is to elect at least one Green MPP so we ensure that these issues are talked about over the next four years at Queen's Park.

4. What are two long-term priorities?
We are the only ... party talking about rebuilding local economies ... in a way that creates jobs, balances the budget and reduces greenhouse-gas emissions. The second objective is ... to have a whole caucus.

5. What about hydro rates?
The Green party is proposing to put forward a Green Building Program that will invest $1.6 billion in tax credits for businesses, homeowners and especially targeted at tenants ... to help retrofit ... buildings.

6. How are you planning to address gridlock?
We're the only political party that's proposing a $200-million infrastructure (investment) in active transportation ... (and) tax credits for people to buy fuel-efficient ... vehicles. We would pay for those tax credits by putting a surcharge on vehicles that are not fuel-efficient.

7. How do you deal with stress on the job?
Quality family time really just helps get the stress out of your system and really reminds you what's important in life.

8. Describe Ontario in two words.
Beautiful place, wonderful people.

WORD FROM HR

A warm, friendly candidate with superior interpersonal skills, Mike Schreiner set the tone of the interview immediately. He was well prepared and did not hesitate as he provided clear answers. Schreiner offered relevant examples to support responses. He nodded frequently to obtain the acknowledgement of his responses. Some reflection time may have helped him answer even more effectively. His ability to bond with his audience through a welcoming smile was an unmistakeable strength. Schreiner is an active, attentive listener who spoke to the panel as a group yet maintained a clear connection with each question poser.

you hire?

Here's what they say they will do if given the job

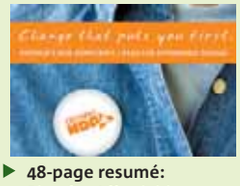
These are the candidates in print, but we have them on video too. Watch them chat with Metro's editorial board at metronews.ca/decisionontario. And if you just can't get enough of them, we also have full transcripts of their interviews online.

DAVID VAN DYKE/METRO

▶ Ontario NDP Leader Andrea Horwath in Metro Toronto's newsroom.

Andrea Horwath

NDP: Currently occupy 10 out of 107 seats in the Ontario legislature.



- **48-page resumé:** Plan for Affordable Change.
- **Message:** "Your family and friends are watching jobs vanish and paycheques shrink.... We need change that puts you and your family first."
- **Focus:** Everyday affordability, jobs, health care and "living within our means."

1. Why do you want to be the premier of Ontario?
I can bring the kind of change that Ontarians want to see. I want to bring back a sense that Ontario belongs to the people.

2. What do you bring to the position that no other candidate does?
Other than the heels? A lot of my political experience has been positive because I don't leave my gender at home.

3. Two short-term priorities?
The biggest priority ... is to get over the next six or seven sleeps until election day. I'm hopeful that (Ontarians will) choose the kind of change that we're offering, that I'm offering.

4. What are two long-term priorities?
Making life affordable. I met a woman in North Bay who said, 'I'm your average working mom. I work, I have three kids, I have a decent job, but my paycheque is not going up. My bills are going up significantly,' she said. 'It's just not fair, I'm working just as hard as I always have, but I'm falling behind.' (Creating) jobs is another.

5. What about hydro rates?
The biggest problem ... is that we had a government that deregulated and privatized hydro back in the '90s, (then spent) $1.5 billion ... in a (smart-meter) program that didn't save energy and didn't save money. We're going to take about a billion dollars (meant) for a new nuclear build in Ontario and we're going to redivert that money ... to help people retrofit their homes and conserve.

6. How are you planning to address gridlock?
We've ... made a commitment to municipalities that if they freeze their transit fares, we will take 50 per cent of the operating cost of their transit systems off their backs.

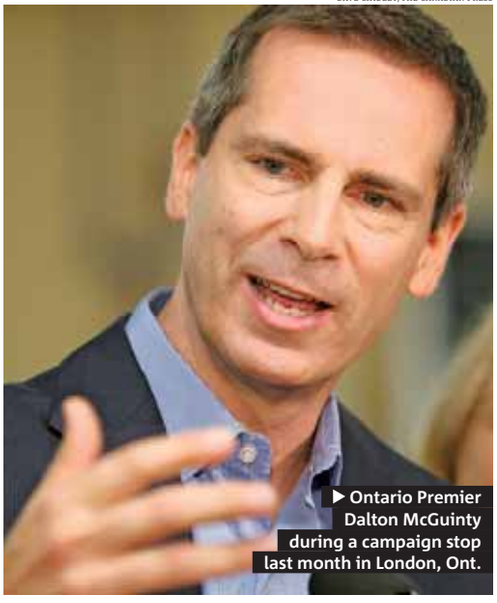
7. How do you deal with stress on the job?
Outside of this campaign period, it's exercise. I have my son to spend time with and to chat with and to take me ... away from the intensity of this work right now, (and I'll have him) when I'm in the legislature.

8. Describe Ontario in two words.
Vast and diverse.

WORD FROM HR

Andrea Horwath displayed confidence and quickly connected with interviewers. She is a serious candidate, yet friendly and engaging. She responded with short, concise and focused answers. She claimed to feel under the weather but didn't falter. Horwath used humour to solidify her connection with the panel. Her body language suggested she knows her stuff. She was not afraid to inject a more personal side into responses to assist in connecting with her audience. Rarely straying from the topic, she provided solid, people-focused examples to support responses. An effective listener, she always focused on the person posing the question.

DAVE CHIDLEY/THE CANADIAN PRESS



▶ Ontario Premier Dalton McGuinty during a campaign stop last month in London, Ont.

Dalton McGuinty

LIBERAL PARTY: McGuinty is seeking third-consecutive term.

- **60-page resumé:** Forward. Together.
- **Message:** "These are uncertain times for the global economy. These are challenging times for our families. This is our plan to help. This is our way forward, together."
- **Focus:** Jobs, health care, education, resource conservation, balanced budget and advocacy for Ontario when it comes to the federal government.

1. Why do you want to be the premier of Ontario?
What Ontarians have achieved together the past eight years is nothing short of amazing. I want to see Ontario protect the progress we've made and to build an even brighter future for our children and grandchildren.

2. What do you bring to the position that no other candidate does?
Only Ontario Liberals have the experience and the leadership to keep Ontario on track. Our schools are better, our hospitals are better and we're creating 50,000 new jobs in an exciting, new clean-energy economy.

3. Two short-term priorities?
To protect workers and create jobs.

4. What are two long-term priorities?
Education and preparing for the new economy. We're ... building three new campuses and we're offering 30 per cent off tuition for low- and middle-income undergrads. We're also working to create 50,000 jobs.

5. What about hydro rates?
We have begun a major rebuild of our electricity system: we're repairing or replacing 80 per cent over the next 20 years. To help families with that cost, we are taking 10 per cent off our electricity bills.

6. How are you planning to address gridlock?
We will refund your full one-way GO fare if your GO train is late by 15 minutes or more for reasons that GO can control. Plans for the LRT in Ottawa are underway. In London, we've added more vehicles, expanded routes, and commuters can now track ... their bus using their cellphone or computer.

7. How do you deal with stress on the job?
It's really important to stay fit and healthy, and so I devote a little time every day to exercise, and I try to stick to nutritious food. And at the end of the day, I like nothing better than to relax with my family, a book or take Mikki — our dog — out for a walk.

8. Describe Ontario in two words.
Seizing opportunity.

WORD FROM HR

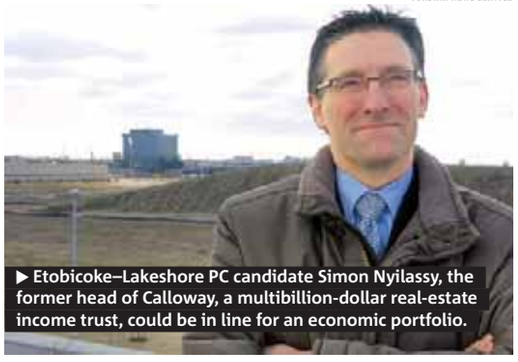
As Dalton McGuinty did not make himself available for either a video or in-person interview, I am unable to comment on his performance.

RUTH ESTWICK
METRO'S HUMAN RESOURCES MANAGER

Odds like these are too close to call

In six hotly contested GTA ridings, even high-profile incumbents are fighting for their political lives

TORSTAR NEWS SERVICE



▶ Etobicoke–Lakeshore PC candidate Simon Nyilassy, the former head of Calloway, a multibillion-dollar real-estate income trust, could be in line for an economic portfolio.

TORSTAR NEWS SERVICE

▶ Candidates in the Thornhill riding, which has flipped between Tories and Grits in the past three elections, from left, Bernie Farber (Liberal), Cindy Hackelberg (NDP) and Peter Shurman (PC).

RENE JOHNSTON/TORSTAR NEWS SERVICE

▶ Frank de Jong is the Green Party candidate for Davenport. When he ran for city council, he rode a custom-made work bike when putting up signs.

DECISION ONTARIO

First it was gravy-train-hater Rob Ford's mayoral win in Toronto, once a bastion of the left. Then it was the federal NDP's orange surge in May, rearranging the national political scene. If patterns hold in the Ontario election, anything is possible on Oct. 6 — especially in these six hotly contested ridings.

Etobicoke–Lakeshore

Laurel Broten, the Liberal incumbent and the minister responsible for women's issues and youth services, must defend her seat against businessman and first-time Progressive Conservative candidate Simon Nyilassy. If voters really are fed up with the Liberals, Broten should beware.

Dionne Coley is running for the New Democratic Party and Angela Salewsky for the Green Party.

Thornhill

High-voltage first-time Liberal candidate Bernie Farber, former head of the Canadian Jewish Congress, is doing battle with PC incumbent Peter Shurman. Both candidates are Jewish and strongly pro-Israel in a riding where nearly two in five residents are Jewish.

Giselle Hausman is the Green candidate and Cindy Hackelberg is running for the NDP.

Davenport

This downtown riding has been red as a robin since 1999, when it was created. In the three provincial races since, Liberal Tony Ruprecht won by easy margins. However, Ruprecht is retiring from politics and the Grits are sending in newbie Cristina Martins, a Portuguese-Canadian local-business booster, to battle with the NDP's Jonah Schein, a social worker and activist.

The Green Party is represented by Frank de Jong and the PCs by Antonio Garcia.

Don Valley West

Two-term Liberal incumbent Kathleen Wynne has been minister of education and of transportation. If ever there was a juicy target, she's it. The PCs have entered Andrea Mandel-Campbell, an anchor on CTV's Business News Network. In May, the federal Tories broke into Fortress Toronto here, when Conservative John Carmichael upset Liberal incumbent Rob Oliphant.

Khalid Ahmed is running for the NDP and Louis Fliss for the Greens.

Scarborough–Guildwood

The Conservatives are angling to take out a Liberal cabinet minister here, where incumbent Margarett Best, minister of health promotion and sport, is vulnerable. The Tories are running a retired Toronto cop, Gary Ellis, who once ran 42 Division, a Scarborough detachment, as well as the homicide, drug and sex-crimes units.

The Green candidate is Naoshad Pochkhanawala and Lorri Urban is running for the NDP.

Oakville

After a $1.2-billion natural-gas-fired power plant in Oakville was given the go-ahead in 2009, constituents were angry at the Liberals, who approved the project. Liberal MPP Kevin Flynn introduced a private member's bill to kill it. Then, last October, McGuinty nixed the plan. How all this back-and-forthing will affect voters remains to be seen.

The Conservatives are running businessman Larry Scott, while the NDP candidate is Lesley Sprague and the Green candidate is Andrew Chlobowski.

TORSTAR NEWS SERVICE

KATE ALLEN/TORSTAR NEWS SERVICE

▶ PC candidate Andrea Mandel-Campbell campaigns in Hogg's Hollow in the riding of Don Valley West.

ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

▶ Kevin Flynn, MPP for Oakville, grabs lunch at Sammy's Famous Chip Wagon while campaigning in Oakville.

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Ontario's education system is ranked fifth in the world for quality education. Our students excel, particularly in math and science. And among 65 countries assessed in reading in the 2009 Program for International Student Assessment (PISA), initiated by the Organization for Economic Cooperation and Development (OECD), Ontario's students were bested only by Shanghai. Our investments in public education are paying dividends.

Ontario's next government needs to build on these achievements. We have seen how positive developments can be rolled back and progressive change put on hold, with Ontario children falling behind as a result. We cannot afford to let this happen again. Investment in our education system is also an investment in our provincial economy. A highly educated, highly skilled, motivated workforce is the only way Ontario can compete against the world's emerging economies. And as simple as it seems, that workforce begins in Kindergarten.

To help you make an informed choice on Oct. 6, the Ontario English Catholic Teachers' Association (OECTA) has developed its 'Speak for Children' campaign, which highlights progress made in education over the past eight years. Its website, speakforchildren.ca, includes the education platforms of all major parties, giving you a chance to compare them and judge for yourself.

Let's keep education moving forward.

LET YOUR BALLOT SPEAK FOR CHILDREN

The decision made by the next government of Ontario will affect not only those who vote, but also those who are too young to vote. On Oct. 6, it is up to each of us to speak for them, and their educational needs.

A healthy economy requires continued investment in social services, and that includes a world-class, publicly funded school system.

INVEST IN STABILITY

We cannot return to the days of lockouts, dramatic cuts to funding, and combative relationships between teachers and government. Instead, our next government must further ensure the stability and progress of our publicly funded system. Continuing to recognize teachers as partners and building on the many initiatives already underway, including implementing full-day Kindergarten, is part of this goal.

INVEST IN PUBLICLY FUNDED EDUCATION

Ontario boasts one of the world's smallest gaps in level of achievement between low- and high-income students. The Organization for Economic Cooperation and Development (OECD) has singled out our province as a jurisdiction the United States should strive to emulate. Ontario is a global role model for education.

Rather than cutting or overhauling a system that continues to improve, our next government must continue to invest in it — recognizing that a good publicly funded education system is also a sound economic strategy.

ENSURE OUR SCHOOLS ARE SAFE

All forms of bullying, including discrimination, racism, and harassment, cause children serious distress; undermining their ability to learn and teachers' ability to teach. Our next government must build on past accomplishments to ensure our schools are safe and respectful places by embedding anti-bullying strategies into the school curriculum, and by adding more anti-bullying training for students, teachers and parents.

STRENGTHEN THE SOCIAL SAFETY NET TO BOLSTER ONTARIO'S ECONOMY

It is important that Ontario continue its commitment to helping those who have become more vulnerable during this tough economic climate. Our next government must continue to implement a poverty reduction strategy that reduces child poverty, allowing every student to achieve his or her maximum potential.

For more, visit speakforchildren.ca.

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On Twitter at @Speak4Children
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ONTARIO ENGLISH Catholic Teachers ASSOCIATION

IS ONTARIO PUBLIC EDUCATION ON THE RIGHT TRACK? YOU TELL US:

- 81 per cent of Ontario students graduate high school… up 13 per cent in the last six years
- Over 90 per cent of primary school classes have 20 or fewer students
- Up to 35,000 four- and five-year-olds in nearly 600 schools are benefitting from full-day Kindergarten…and counting
- Since 2003, close to 400 new schools have been or are in the process of being built
- No school days lost to lockouts or strikes in the last eight years

Authorized by the CFO of the OECTA.

Two campaigns, one coveted riding

Rival teams dig for every last vote in hot downtown riding Estimated to have 130,000 eligible voters

DECISION ONTARIO

In one corner of Trinity-Spadina stands a large campaign office replete with scores of volunteers, dozens of phones, hundreds of orange signs and the ghost of Jack Layton.

In another corner, five staffers discuss campaign strategies while five students in red shirts earn volunteer hours by pasting stickers on election leaflets.

Despite the stark difference in manpower, Rosario Marchese of the New Democrats and Sarah Thomson of the Liberals are in a dead heat, according to a recent Forum Research poll.

Ramping up

- The Marchese campaign said about 1,000 volunteers will contribute before "e-day," and another 1,000 will help out on Election Day.
- Thomson recently reached her Facebook friend limit, so the team created another page to keep the campaign moving on the social media front.

The coveted downtown riding is one of 28 tight races across the province, where campaign teams are fighting for every last vote.

Marchese is the longtime incumbent, having been an MPP since 1990.

TORSTAR NEWS SERVICE

LIAM CASEY/TORSTAR NEWS SERVICE

▶ The team behind Sarah Thomson, who's running for the Liberals in the Trinity-Spadina riding, which is neck-and-neck with incumbent Rosario Marchese of the NDP. Kate Holloway, centre, is the campaign manager.

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Typhoons hit Philippines

Dozens dead Villagers marooned on homes after back-to-back storms

Rescuers scrambled yesterday to deliver food and water to hundreds of villagers stuck on rooftops for days because of flooding in the northern Philippines, where back-to-back typhoons have left at least 59 people dead.

Typhoon Nalgae slammed ashore in northeastern Isabela province Saturday, then barrelled across the main island of Luzon's mountainous north and agricultural plains, which were still sodden from fierce rain and winds unleashed by a howler just days earlier. Nalgae left at least three people dead. Typhoon Nesat killed 56 others and left 28 missing before blowing out Friday.

Nalgae's ferocious winds set off a rock slide in the northern mountain province of Bontoc in the Philippines on Saturday, causing boulders to roll down a mountainside and smash a passing van, where a passenger was pinned to death and another was injured, police said.

The storm roared through parts of Luzon that had been saturated by typhoon Nesat, which trapped thousands on rooftops and sent huge waves that breached a seawall in Manila Bay. Nesat then pummeled southern China and was downgraded to a tropical storm just before churning into northern Vietnam.

Seven towns north of Manila were still flooded yesterday, including Calumpit in rice-growing Bulacan province. The damage on agriculture and infrastructure from the earlier typhoon in the Philippines was estimated at $200 million.

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JAY DIRECTO/GETTY IMAGES

▶ Residents wade through murky floodwaters north of Manila.

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Alberta's next premier downplays 'X' factor

Province's new PC leader says she's a winner for her platform, not gender

Alison Redford, set to become the first female premier of Alberta, deemphasized the gender issue yesterday, saying party voters marked Xs not for an X chromosome, but for a broader desire for change.

"A little bit of what happened yesterday was that our politics caught up with who we are," Redford told a late-morning news conference, about nine hours after she was declared the winner in the bleary, wee post-midnight hours at a northside convention centre.

She will be the 14th premier when sworn in as the first female leader of Alberta. The date for the swearing-in has not been set, but Redford said, "I'd rather do it sooner rather than later."

Premier Ed Stelmach has already tendered his resignation effective Oct. 1.

THE CANADIAN PRESS

"I want to say that even though I want her job, I'm kind of stoked that a woman won. It's about time."
BRIAN MASON
ALBERTA OPPOSITION NDP LEADER

JEFF MCINTOSH/THE CANADIAN PRESS

▶ Alison Redford celebrates becoming leader of the Alberta Progressive Conservative Party and the soon-to-be premier, yesterday, in Edmonton.

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Israel backs parts of new talks plan

- Quartet reaffirms commitment to settlement freeze
- No new ideas for bridging gaps in negotiations

Israel's government welcomed yesterday parts of an international proposal to resume long-stalled peace talks with the Palestinians but said it had concerns.

The plan by Mideast mediators, known as the Quartet (the U.S., European Union, United Nations and Russia), calls for a peace deal in a year and asks both sides to produce comprehensive proposals on territory and security within three months.

This was presented after Palestinian President Mahmoud Abbas asked the UN to recognize a state of Palestine in the West Bank, Gaza and east Jerusalem, territories Israel captured in the 1967 Mideast War. The request has put the U.S. and other countries in an awkward position, forcing them to take sides, and has stepped up pressure on the international community to chart out a resolution.

NASSER SHIYOUKHI/THE ASSOCIATED PRESS

▶ Palestinian President Mahmoud Abbas

The Israeli government said it would raise its concerns at the "appropriate time." Israeli officials expressed reservations about the Quartet's timetable.

A senior Palestinian official, Saeb Erekat, dismissed the Israeli government's statement as disingenuous, noting that Israel has previously rejected key provisions of the Quartet.

Last week, the Palestinians said the Quartet's plan contained "encouraging elements" but that they would not return to talks unless Israel freezes settlement building and accepts the pre-1967 war frontier.

The Palestinians, like the Israelis, seem wary of being perceived as the party blocking negotiations.

THE ASSOCIATED PRESS

On. Fire

▶ A demonstrator lights a flare during a protest march against government cuts yesterday in Manchester, England, where the 2011 Conservative Conference is being held. Taming Britain's ballooning budget deficit has been Prime Minister David Cameron's key priority.

JEFF J MITCHELL/GETTY IMAGES

Britain begins to taste bitter medicine

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STEPHANIE KEITH/THE ASSOCIATED PRESS

▶ Police arrest a protester on New York's Brooklyn Bridge during Saturday's march by the group Occupy Wall Street.

Protest against greed

Groups elsewhere in U.S. express solidarity with New York movement

Protesters speaking out against corporate greed and other grievances were maintaining a presence in Manhattan's Financial District yesterday even after more than 700 of them were arrested during a march on the Brooklyn Bridge in a tense confrontation with police.

The group Occupy Wall Street has been camped out in a plaza for nearly two weeks staging various marches, and had orchestrated an impromptu trek to Brooklyn on Saturday afternoon.

"I don't think we're asking for much, just to wake up every morning not worrying whether we can pay the rent, or whether our next meal will be rice and beans again."

ERIN LARKINS, COLUMBIA UNIVERSITY GRADUATE STUDENT

They walked in thick rows on the sidewalk up to the bridge, where some demonstrators spilled onto the roadway after being told to stay on the pedestrian pathway, police said.

The march shut down a lane of traffic for several hours Saturday. The majority of those arrested were given citations for disorderly conduct and were released, police said.

Occupy Wall Street demonstrators have clashed with police on earlier occasions but mostly, the protests have been peaceful.

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Canada won't let him in, comedian tweets

Casino Rama retorts Russell Brand not held up by border officials Says plane never left California

Call it a case of social media confusion.

Comedian Russell Brand, in a series of cryptic tweets, told fans that his show in Orillia, Ont, scheduled for Saturday night had been postponed because he was not allowed to enter Canada.

But Casino Rama, the venue operator, tweeted back to let fans know he wasn't turned away at the border. Instead, it said there was a technical issue with his plane and he never left California.

Brand apparently wanted customs officials to allow a plane to land in Orillia, where there is no international airport.

JASON MERRITT/GETTY IMAGES

▶ Russell Brand

"HELP! I'm gonna be late for Casino Rama show unless someone can force Canadian customs officials to let us land in Orillia!" he tweeted, using the Twitter name rustyrockets.

Later, the comedian known for his self-aggrandizing rock star persona and run-ins with the law, confirmed his show would have to be postponed.

The story has drawn the attention of international media, including the online gossip site TMZ.com and Britain's Daily Mail and BBC.

It comes months after the comedian was deported from Japan, where he had flown to watch his wife Katy Perry in concert. Brand was deported because of a decade-old criminal record.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
- 62.48 (11,623.84)	- 1.07¢ (95.40¢ US)

Oil	Natural gas 1,000 cu ft
- $2.94 US ($79.20 US)	$3.666 (- 8.1¢)

Gold $1,622.30 (+ $5.00)

Air services to Japan expanding

Canada has expanded its air services agreement with Japan, paving the way for more flights between the two countries. The new deal calls for greater access for Canadian airlines to Tokyo's Narita airport and added flexibility for airline routings.

Under Canada's Blue Sky policy, launched in late 2006, the government has concluded open, new or expanded air services agreements with nearly 60 countries.

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NOTICE OF MOTION FOR DEFAULT JUDGMENT:

Village of Elbridge, petitioner, v. **SUSAN WILSON**, respondent. State of New York, County of Onondaga, Justice Court, Town of Clay. Motion Made By: Smith, Sovik, Kendrick & Sugnet, P.C., on behalf of the Petitioner, Village of Elbridge. Date, Time & Place of Motion: **December 1, 2011**, at 5:00 p.m., at the Town of Clay, 4401 State Route 31, Clay, NY. Supporting Papers: Notice of Motion, Affidavit of Robert Herrmann sworn to August 31, 2011& Affidavit of Daniel R. Ryan, Esq., sworn to September 1, 2011, together with Exhibits. Relief Demanded: An Order for default judgment and granting Petitioner's permission to file judgment against Respondent Susan Wilson, and that an inquest be scheduled to determine the amount of judgment against Susan Wilson. Dated: September 1, 2011, Smith, Sovik, Kendrick & Sugnet, P.C., Attorneys for the Petitioner.

NOTICE TO RESPONDENT:

Village of Elbridge, petitioner v. Susan Wilson, respondent. TO: SUSAN WILSON, YOU ARE HEREBY ON NOTICE that a motion for default judgment has been filed at the Town of Clay, 4401 State Route 31, Clay, NY, concerning the Petition filed against you regarding property commonly known as 116 E. Main St. Elbridge, NY. It is demanded that you serve Opposition to the Motion for Default Judgment on the subscriber at 250 South Clinton St., Ste. 600, Syracuse, NY 13202 by November 24, 2011, and upon the Justice Court in the Town of Clay at Town of Clay, 4401 State Route 31, Clay, NY, and appear for the Motion on December 1, 2011. If you fail to oppose this motion, a default judgment for the relief demanded in the Petition may be ordered against you. If default judgment is obtained, respondent may be responsible for civil fines & penalties in excess of $170,400.00, an order directing an inspection of the premises, directing respondent to remedy all code violations & authorizing condemnation of structures on the property if not brought into immediate compliance. Dated: September 1, 2011, Smith, Sovik, Kendrick & Sugnet, P.C., Daniel R. Ryan, Esq., Attorneys for the Petitioner.

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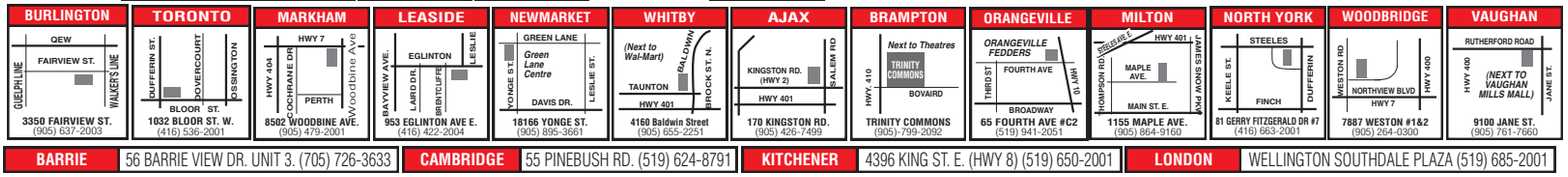

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JOHN DANIELE/FOR METRO

▶Carolina Gutierrez and Mandi Fields stand next to their haul at Toronto's first Tampon Tuesday.

MAXI PAD MONDAY? NOPE, TAMPON TUESDAY

URBAN COMPASS

LIA GRAINGER
METRO TORONTO

Carolina Gutierrez greets me with a smile. She's standing in the upstairs bar of Jack Astor's on John Street. On a table next to her sits a large clear plastic container labelled "Tampon Tuesday." It's bursting with boxes of tampons and pads. She looks up at me: "Have you brought a donation?"

This is Tampon Tuesday, a once-a-month networking event that helps women meet women, while also helping disadvantaged women with a very basic need.

On the fourth Tuesday of every month, women are invited to gather at Jack Astor's and enjoy each other's company in a relaxed post-work networking event while munching on free food courtesy of the restaurant. Why Tampon Tuesdays? The entrance fee is a box of sanitary supplies, and all donations are passed on to Toronto's Daily Bread Food Bank.

"...two speakers address the group. One is a woman in a high profile position, and the other is a small business owner or entrepreneur."

Mandi Fields started the first Tampon Tuesday three years ago in London, Ont. While touring the London Food Bank, she noticed a complete lack of sanitary supplies. "Where are the tampons?" She asked, and learnt that it just didn't occur to people to donate them.

So she started organizing. Jack Astor's was immediately on board, and though there were only a dozen people at the first event, it quickly grew. Today, as many as 140 people regularly attend. "The Tampon Tuesday name puts it on the radar, because it's so provocative," says Fields with a grin.

When Gutierrez caught wind of the concept, she immediately set to work bringing it to Toronto. "We don't want there to be a mother out there who has to decide between buying milk for her kids and buying sanitary supplies," says Gutierrez. And she also finds it fun: "At networking events people can be so pushy. Here, everyone is relaxed."

Both women say one of the biggest draws is the ambassadorship program. Every Tampon Tuesday, two speakers address the group. One is a woman in a high profile position, and the other is a small business owner or entrepreneur. In London, ambassadors have included a judge, the mayor, and even the provincial minister of health.

The turnout at the inaugural Toronto event was about 30 women and a couple of men, and it's only expected to grow as word spreads. "It turns the issue of women in poverty into a community," says Fields. "Everybody wins."

Art initiative extends beyond the canvas

NEWS WORTH SHARING

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Kids in a crowded downtown neighbourhood are learning about art and life within their own high-rise complex.

For 11 years, Art City has been empowering children in St. James Town through free art classes. But in addition to teaching drawing and sculpture, Art City fosters interpersonal skills, creative thinking and confidence. St. James Town holds the distinction of being Canada's most densely populated community, and the program is especially important in such a potentially overwhelming environment. As Art City's Gillian Foster explains, "A single mother… related that it was her daughter's involvement with Art City that made her feel connected to this community for the first time."

To learn more about Art City in St. James Town, visit artcitytoronto.ca.

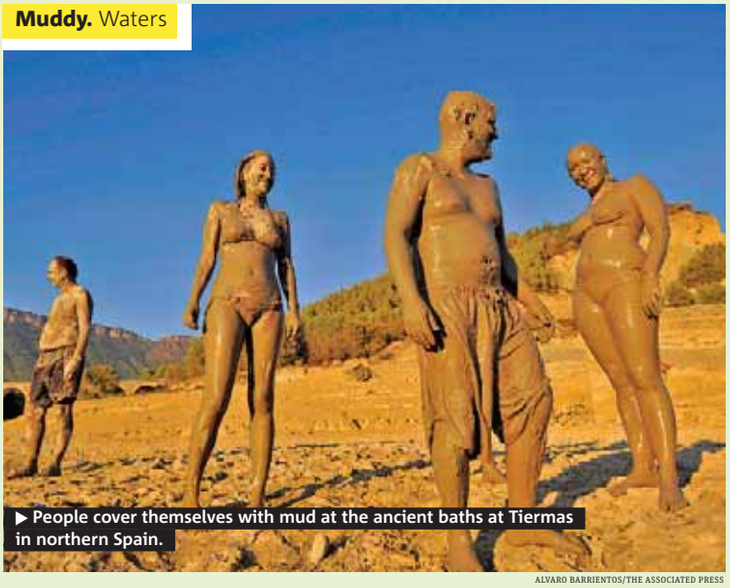
CRAIG AND MARC KIELBURGER

Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we will share them right here.

Tweets

- **@416_karma:** On my way home. Oh gosh what a weekend. Work, Nuit Blanche, CIBC Run for the Cure(volunteer), AE. Oh what a weekend.
- **@KidLitAnita:** TO's Run for the Cure was cold&rainy, but it didn't stop the cheering section! A little rain never hurt any1! lockerz.com/s/143897116
- **@torontobatman:** Just gotta wonder.... What truly is the point for Nuit Blanche?
- **@danny_gonshor:** Setting a reminder on my phone for this wknd 2012 to absolutely do not go to nuit blanche anywhere on, around, or near yonge st.
- **@manelijamal:** Cool times in Nuit Blanche last night. Jammed improv with a beatboxer for a while!
- **@iamjomu:** I singlehandedly witnessed about eight intoxicated women fall flat on their faces last night at Nuit Blanche.
- **@AmyCSays:** Nuit Blanche thoughts: Queen W area bores again; wish it was in warm Sep/Aug; why hashtag #snbTO? Corporate creation! Why not #nbTO?

Muddy. Waters



▶ People cover themselves with mud at the ancient baths at Tiermas in northern Spain.

ALVARO BARRIENTOS/THE ASSOCIATED PRESS

Photo of the day

People flock to the area in the fall when the water level of Yesa reservoir is at its lowest. The water at the reservoir is said to have healing properties.

WEIRD NEWS

@thaiPM, you've been hacked

A mocking hacker took over the Twitter account of Thailand's recently elected PM yesterday, questioning her ability to defend the country if she cannot even secure her own tweets.

The unknown hacker ended a series of at least eight postings on the account of Prime Minister Yingluck Shinawatra with a taunt: "If she can't even protect her own Twitter account, how can she protect the country? Think about it."

Most of the messages accused Yingluck's government of incompetence and cronyism. Her Pheu Thai Party won a landslide election victory in July, but critics charge she is just a puppet of her brother, former Prime Minister Thaksin Shinawatra. Thaksin was ousted by a military coup in 2006 after being accused of corruption.

"This country is a business. We work for our allies, not for the Thai people. We work for those who support us, not those who differ with us," said one tweet. Another said: "Where are the opportunities for the poor? We use them, give them hope for votes so our own group can benefit." THE ASSOCIATED PRESS

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More stars shine on Walk of Fame

Comic Russell Peters, astronaut Roberta Bondar among six Canadians given stars

PHOTOS: AARON VINCENT ELKAIM/THE CANADIAN PRESS

▶ Musician Burton Cummings now has two stars on the Walk of Fame, one with his band The Guess Who, and now an individual star.

▶ Kreviazuk and Maida

Comic superstar Russell Peters showed up at Canada's Walk of Fame hoisting one of his greatest recent achievements — baby Crystianna, whom he clutched against his chest as he walked the red carpet to greet fans and media on Saturday.

The proud papa said it was the first red carpet gala for his 10-month-old daughter, "unless she's been sneaking out at night and crawling on red carpets," he quipped.

Peters was among six famous Canadians who were awarded stars on the Walk of Fame, including musician Burton Cummings, actress Sandra Oh, astronaut Roberta Bondar, tennis star Daniel Nestor and the late author Mordecai Richler.

"It's very surreal because when I said I wanted to be successful I just meant, 'Make a living,' I didn't really think, 'Get a star,' I didn't think, 'Have people know my name,'" Peters said later as he took the mic at an outdoor stage to acknowledge hundreds of fans who lined a red carpet on a frigid afternoon.

"To have people want to step on my (name) on the street is pretty cool. I can't wait for when it's really in the ground and somebody gets hammered and pukes on my name. Somebody better twitpic that to me as soon as that happens because that's when I know I really came up."

Before heading into a downtown theatre for a formal induction ceremony, a smiling Cummings said he was especially proud to be honoured for a second time. He noted that he was recognized along with his band The Guess Who in 2001.

"The Walk of Fame is a huge deal — you consider the names that are down there, people like Donald Sutherland, legendary movie people, Ivan Reitman and (Dan) Aykroyd," said the Winnipeg-born hitmaker.

Cummings said he was a big fan of Oh in particular, and referred to her 2004 comedy Sideways as "one of the greatest movies ever."

Oh said she was thrilled to meet Burton and Bondar and expressed credulity that her signature will be on a Toronto sidewalk.

"It's just quite hilarious and odd and I never thought that this would happen," said Oh, now best known for her co-starring role on the TV medical drama Grey's Anatomy.

Richler's widow Florence attended on Richler's behalf, and was escorted by their journalist son, Noah Richler. She said her husband would have been "amused" by the fanfare, adding that she herself felt the honour was "overdue."

Movie star Ryan Reynolds was initially slated to be honoured, too, but organizers said he was unable to attend and would be inducted at a later date.

Many of the adoring fans turned out to see Toronto rapper Drake, who was to be presented with the Allan Slaight Award recognizing achievements by a young Canadian. But organizers said the rap superstar was running late and had to skip the red carpet.

Surrounded by glitz and glamour, Nestor called the experience "overwhelming."

"I'm not used to the red carpet," the towering tennis pro admitted as he walked down Yonge Street, which was shut down and swathed in red for the afternoon.

Bondar said she was inspired to excel by her family and high school teachers. "It's good for Canada to be able to see there are other things besides sheer entertainment and comedy — that we can do other things and still be recognized," said Bondar, who was the first Canadian woman and the second Canadian astronaut in space.

THE CANADIAN PRESS

2 scene

Box office

A dolphin has dethroned The Lion King at the weekend box office. Dolphin Tale held up well with $14.2 million in its second weekend to take over at No. 1 from The Lion King, which had been the top movie the last two weekends. Studio estimates Sunday showed The Lion King slipping to third-place with $11.1 million, just behind Brad Pitt's Moneyball, which was No. 2 in its second weekend.

THE ASSOCIATED PRESS

Russell Brand to be first guest on Rosie O'Donnell's new Oprah Winfrey Network talk show.

A quarter-century of going solo

- As Sting turns 60, he reflects on his 25-year career as a solo artist
- Multiple Grammy award winner hopes to work for another 25 years

At 85, Tony Bennett released an album that debuted at No. 1 on the Billboard albums chart this week.

Sting, who turned 60 yesterday, is hoping he will still be going strong at 85, too.

"Hopefully the next 25 years will be the same if I have it," the Rock and Roll Hall of Famer said of his own success.

"I couldn't live without music. I'd rather play music, or die."

Sting is celebrating 25 years as a solo artist; in the late 1970s he debuted as the leader of The Police, scoring massive hits with songs like Every Breath You Take and Every Little Thing She Does Is Magic. As a solo singer, he went on to sell multiple multi-platinum albums — and overall, he is the owner of 16 Grammy Awards.

This week he released Sting: 25 Years, his three-disc greatest hits set.

On Oct. 18, he will release Sting: The Best of 25 Years, which features 12 remastered tracks from his solo career.

Sting says he has no plans to release a new album, though he says he is a writing a musical-play "based on my hometown in the north of England. It's about shipbuilding."

It will be directed by Pulitzer Prize and Tony Award winner Brian Yorkey.

Sting will also launch his Back to Bass Tour on Oct. 21 in Boston.

He's playing the bass with a small band on the tour.

"I just did the 200-date tour with this symphony orchestra, so I just wanted to throw a curve at that and do something like I used to," he said.

Sting says though he is a veteran, he's still learning as a musician.

"It doesn't end," he said. "There's no way you can say, 'Oh, I finished learning.'

"You do that when you die."

Sting and country singer Vince Gill recently recorded a concert for the CMT series Crossroads.

The special, which features the two singing each others' hits, airs on Nov. 25, the day after the American Thanksgiving.

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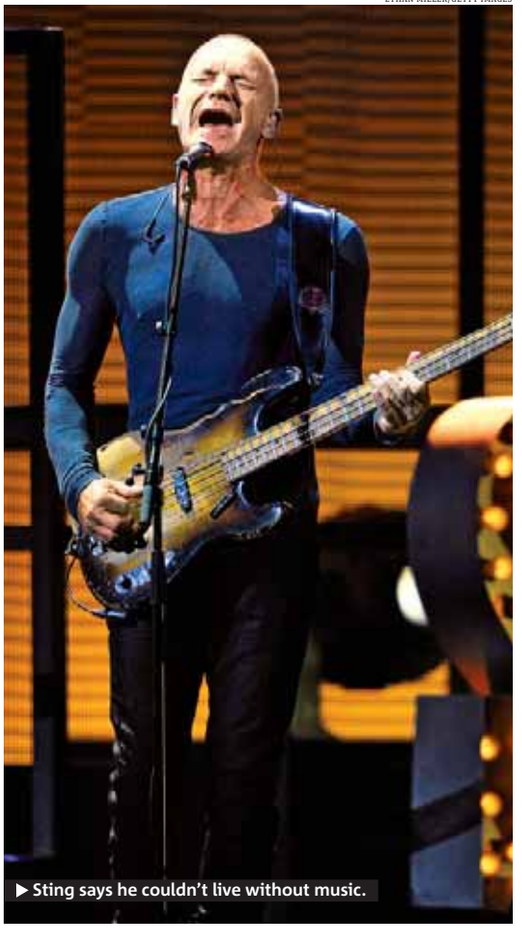
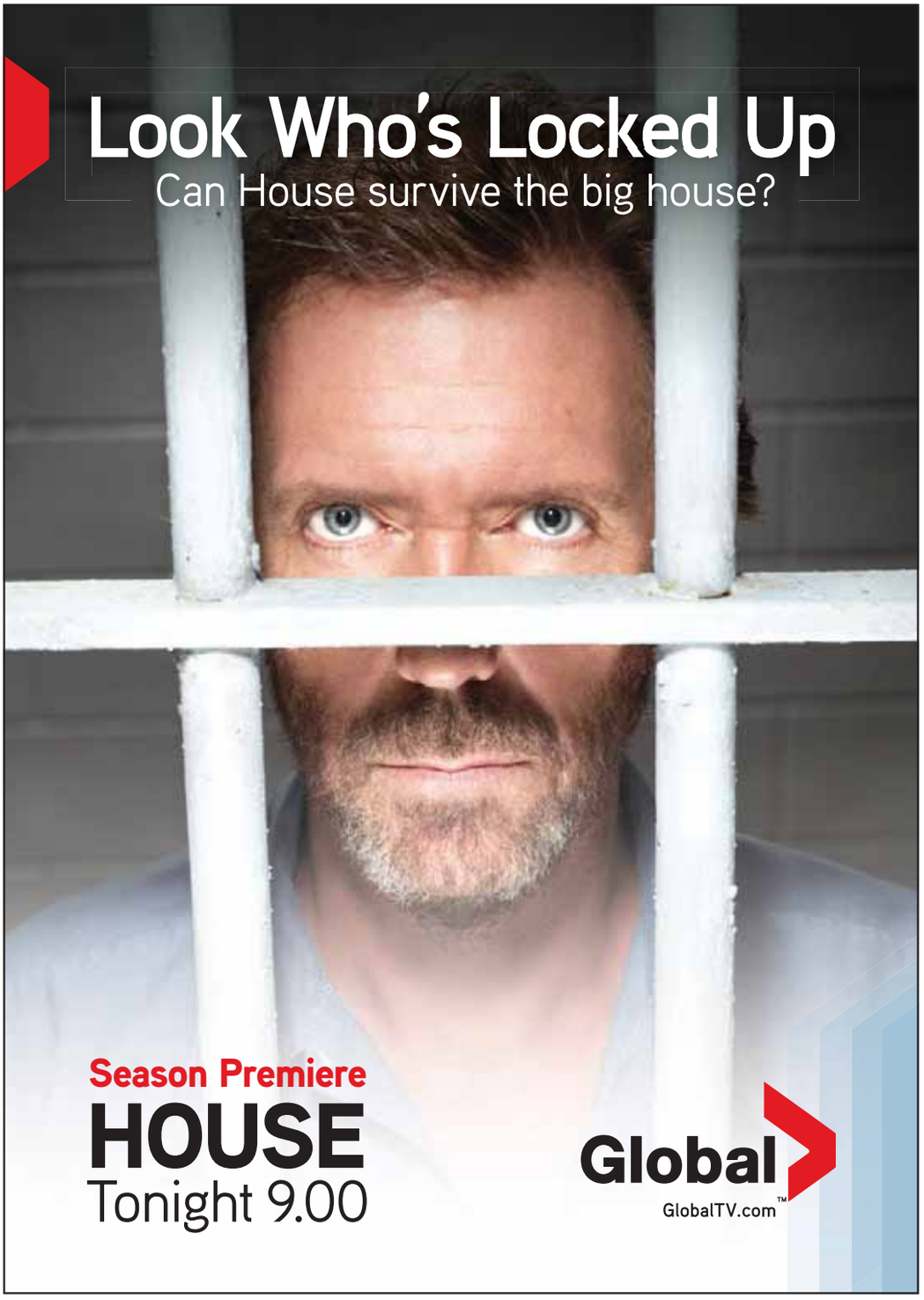
ETHAN MILLER/GETTY IMAGES



▶ Sting says he couldn't live without music.



The drama of politics

Film and stage veteran Jeffrey Wright brings his inside knowledge of Washington to The Ides of March Finds perks of politics alluring

NED EHRBAR
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METRO WORLD NEWS IN HOLLYWOOD

For The Ides of March, his political drama about a fictional Democratic presidential primary race, director and star George Clooney put together a stellar cast.

And when it came to casting the role of Sen. Thompson, a primary rival of Gov. Morris (Clooney) whose endorsement could mean a nomination-clinching collection of delegates, Clooney knew just who to go to: film and stage veteran Jeffrey Wright.

A Washington, D.C., native, Wright relished tackling the more corrupt side of politics shown in the film.

But he won't squeal when it comes to what real-life politicians he based his character on.

Your character provides a very particular commentary on politics.

Yeah, you know, I imagine the character could be perceived as having the best interests of his constituency at heart, but I read the script with just a touch of healthy cynicism, and I perceived him to be pretty much an egoist and an opportunist, which I have to say I have witnessed in some of the players down in Washington in my experiences down there — not all.

There's a dynamic at work there among not only the politicians but among those who surround them, a desire to be out front, to be in a position of authority — or at least in close proximity to power — that overshadows too often, I think, the desire to do good work.

I'm really in some ways fascinated by the mechanics behind power corrupting. I was struck by the script, reading it more as a gangster story than a political story.

And that to some extent is how I played it, kind of like the fourth sequel in the Godfather series or something, you know. (laughs)

That these guys were kind of lurking around — or at least my character was lurking around — trying to figure out the quickest and most effective means to the top.

It's hard not to be at least a little cynical about politics, especially considering current events.

Yeah. Sure, sure. I mean, at the end of the day you see folks just losing sight of what the point is. The point is to lead the country in the best way forward for as many people as possible. But it's so alluring.

It must be just incredibly seductive and alluring, the lifestyle and the influence and the access and the perks.

It's a big business.

It is, it is. It's a huge business. When you look at the numbers, it's the biggest business. There's no other sector in the world that talks in trillions of dollars the way budgets are shaped. So yes, it's the biggest business.

Do you have any real-life corollaries for your character?

Yeah, there are a couple guys. No one I want to mention, but a couple guys. It could be a little lacking in political discretion.

How was having George Clooney as both a director and a co-star?

I was just marveling at that, because you clearly have to work from both sides mindful of the other. And to do that and at the same time be just incredibly calm and at ease about it was really remarkable.

I think his being an actor obviously sensitizes him to what an actor's needs are, but he was outrageously efficient. We'd shoot whole scenes in 45 minutes. Come in, you start the thing and then, "Lunch!" It was fantastic.

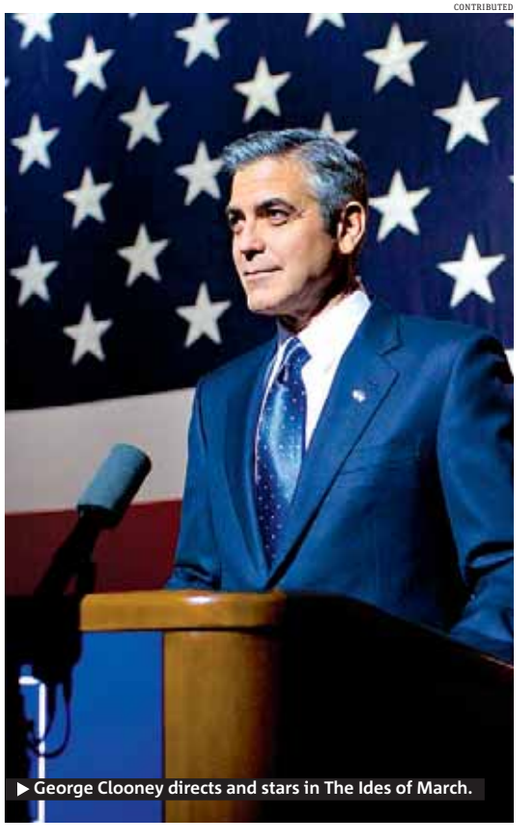
"I was struck by the script, reading it more as a gangster story than a political story."
JEFFREY WRIGHT

Clooney's roots

George Clooney says his Ohio-Kentucky roots and his father's failed bid for political office influenced The Ides of March.

- **The movie** is directed by Clooney, who stars as fictional presidential candidate and Pennsylvania Gov. Mike Morris.
- **Co-star** Ryan Gosling plays the governor's idealistic press secretary who learns quickly about dirty politics.
- **Clooney** says the movie was inspired by his father Nick Clooney's unsuccessful 2004 run for Kentucky's 4th Congressional District.
- **Many** of his character's political views are derived from his father's work as a columnist for the now-defunct Cincinnati Post.

CONTRIBUTED



George Clooney directs and stars in The Ides of March.

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Kutcher and Moore seeking marital help

Rumors continue to swirl about impending split and Ashton's infidelity

Ashton Kutcher and Demi Moore have reportedly been working all summer to save their relationship, though it appears the efforts were in vain.

"(Demi) and Ashton had been receiving counseling from Kabbalah over the summer to try to fix their marriage," a source tells Entertainment Tonight, adding that the couple have been living apart for some time.

Moore is said to be "sad, hurt and embarrassed" by Kutcher's latest cheating scandals and rumors about an impending split.

She's likely also troubled by the fact that Kutcher is no longer following her on Twitter.

METRO

ALL PHOTOS GETTY IMAGES

▶ Ashton Kutcher and Demi Moore

Reid gets small piece of Pie

Things could get awkward on the American Reunion set if the subject of paychecks ever comes up, as producers reportedly snagged a return appearance by Tara Reid for much less than other cast members.

Reid signed on with the picture — a sequel to the 1999 film American Pie — for a reported $250,000, according to the Hollywood Reporter, while co-stars Jason Biggs and Seann William Scott each got $5 million and a share of grosses.

And How I Met Your Mother star Alyson Hannigan earned a reported $3 million.

The rest of the cast, including Chris Klein and Shannon Elizabeth, reportedly made between $500,000 and $750,000 each.

METRO

▶ Tara Reid

Talking points

Clooney defends ex-girlfriend

NO TRUTH TO IT George Clooney is rushing to ex-girlfriend Elisabetta Canalis' defense after an article in Us Weekly claimed she'd sent angry text messages to Clooney and his current girlfriend, Stacy Keibler.

"I never comment on my personal life unless it affects others, and this lie affects others," Clooney said in a statement to the magazine.

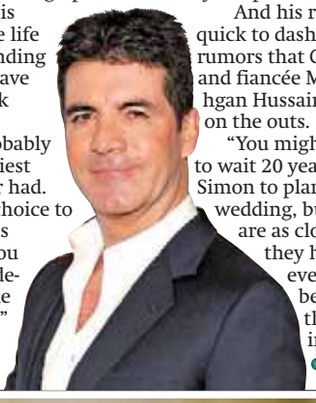
"Since I would be the only actual witness, I ask you to correct your story immediately, but that would assume you cared at all about telling the truth."

METRO

Cowell admits show biz gets in way of his relationships

NOT ON THE OUTS Simon Cowell admits that with the X-Factor taking up so much of his time, his love life — and impending nuptials — have to take a back seat.

"It has probably been the busiest year I've ever had. Making the choice to get married is something you just have to decide when the time is right," Cowell says, according to Hollyscoop.



And his rep is quick to dash rumors that Cowell and fiancée Mezhgan Hussainy are on the outs.

"You might have to wait 20 years for Simon to plan a wedding, but they are as close as they have ever been," the rep insists.

METRO

Celebrity tweets

"When you ASSUME to know that which you know nothing of you make an ASS out of U and ME"

@aplusk

@joelmchale

"Come on guys, give it a break. Nancy Grace's nipple did not "slip out". It was trying to escape."

@JonahHill

"Saw a guy texting on a Segway. If he was texting anything but "Everyone's laughing at me" then he was wrong. "

@SteveMartinToGo

"After much thought, I have decided to use my sense of humor for good rather than for evil."

Rachel Bilson stars in
HART of DIXIE
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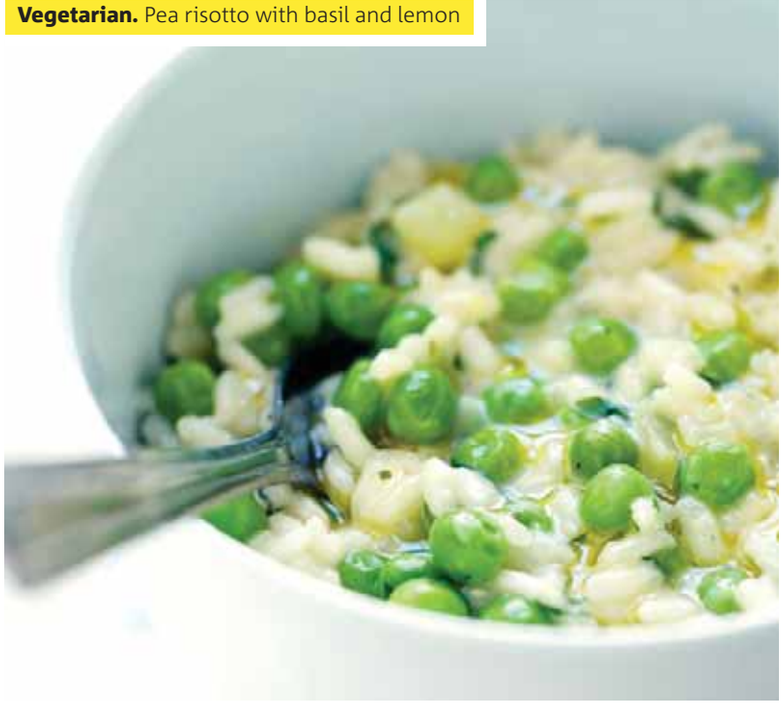
Recipes for happy guests

You cooked a roast and cheesy bread then it hits you — one guest is a vegetarian and another is gluten intolerant Food blogger Beatice Peltre shares ideas for all dinner guests

Vegetarian. Pea risotto with basil and lemon



Ingredients:
- 5 cups vegetable stock
- 1.5 tbsp unsalted butter
- 2 tbsp olive oil (more to serve)
- 1 twig lemon thyme
- 1 leek, white part only, finely chopped
- 1 shallot, finely chopped
- 1 garlic clove, peeled and finely diced
- Zest of 1 lemon
- 1.5 cup Carnaroli rice
- 1/4 cup Vermouth or dry white wine
- 5 1/2 cups vegetable broth
- 2 cups shelled green peas fresh or frozen
- 1/2 cup Parmesan
- 2 tbsp crème fraiche
- 10 basil leaves, chopped
- 1 tbsp parsley, chopped
- To serve, squeeze of lemon juice

Preparation:

1. Heat the stock and set aside. Melt the butter in a large casserole. Add the olive oil and when warm, add the thyme, leek and shallot. Soften on low heat for a few minutes, stirring occasionally.
2. Add the garlic and lemon zest and cook for one minute. Increase the heat and add the rice. Coat well for 1 minute before adding the Vermouth. Cook until absorbed, while stirring. Add 1 cup of broth at a time, and wait until it is absorbed before adding more. When you have only 1/2 cup of stock left, add the peas and stock and continue to cook until the rice is al dente.
3. Stir in the cheese, cream and herbs and stir. Stop the heat, cover and leave to rest for 2 minutes. Squeeze lemon juice on top and stir again. Serve drizzled with olive oil.

Gluten intolerant. Root vegetable soup with truffle oil

Ingredients:
- Olive oil
- ¼ chopped red onion
- 1 leek (white part only) chopped
- 2 twigs of thyme
- 1 tsp ground coriander
- 2 garlic cloves, minced
- 1 tsp sun dried tomato paste
- 1 tomato, peeled, cored, seeded and diced
- 1 large sweet potato and parsnip, peeled and diced
- 2 small turnips and carrots, peeled and diced
- 14 oz (400 g) peeled and diced red kuri squash
- 1 bay leaf
- 1 tbsp sugar
- 5 cups cold water

Garnish:
- crème fraiche
- ½ cup finely diced red kuri squash
- crumbled soft goat cheese
- fresh parsley
- white truffle oil

Preparation:

1. In a large pot, heat two tablespoons of olive oil over medium heat. When warm, add the onion, leek, thyme and coriander. Cook for 3 minutes until the onion and leek are soft.
2. Add the garlic and cook 1 more minute. Add the sun dried tomato paste and tomato and cook for 2 minutes. Add the rest of the vegetables, bay leaf, sugar and water. Season with salt and pepper, bring to a simmer and cover. Cook for 20 minutes. Discard the bay leaf and thyme. Transfer the soup to the bowl of a food processor and purée until smooth.
3. For the garnish, in a frying pan heat 1 tablespoon of olive oil over medium heat. When warm add the squash and season with salt and pepper. Cook 5-6 minutes until tender. Serve the soup in large bowls and top with the crème fraiche, squash, cheese, parsley and truffle oil.

3 life

Father death rates

Fatherhood may be a kick in the old testosterone, but it may also help keep a man alive. New research suggests that dads are a little less likely to die of heart-related problems than childless men are.

The study — by the AARP, the U.S. government and several universities — is the largest ever on male fertility and mortality, involving nearly 138,000 men.

Although a study like this can't prove that fatherhood and mortality are related, there are plenty of reasons to think they might be, several heart disease experts said.

THE ASSOCIATED PRESS

Parenting advice book from teen perspective emphasizes open dialogue with kids.

Classic and perfect for fall

Take traditional onion soup and add mushrooms for an earthy twist

The dark, rich broth and cheese-encrusted top are perfect for fending off a chilly evening.

This version adds a few more members of the onion family, a handful of herbs, as well as the earthiness of mushrooms.

MATTHEW MEAD/ THE ASSOCIATED PRESS

This recipe makes four servings.

Preparation:

1. Cut dried mushrooms into pieces; place in heat-safe bowl. Pour boiling water over mushrooms; set aside.
2. In saucepan over medium heat, melt 45 ml (3 tbsp) butter. Add onions and cook until well browned, stirring regularly, 15 mins. If onions begin to brown too fast, add water. When onions are browned, add wine and stir to deglaze pan. Add leeks, shallots, garlic, thyme, rosemary and 30 ml (2 tbsp) butter.
3. Increase heat to medium-high and cook until leeks tender, 8 mins. Add flour; stir to coat. Pour in broths, stir and bring to boil. Add steeped mushrooms, reduce heat to simmer for 10 mins. Add salt, pepper.
4. Heat broiler. Ladle soup into 4 oven-safe crocks. Top each with slice of bread and cheese. Arrange crocks on a rimmed baking sheet, place under broiler and cook until cheese melts and begins to brown, 2 mins. Serve with chives.

THE ASSOCIATED PRESS

Ingredients:

- 1 pkg (60 g/2 oz) dried porcini mushrooms
- 250 ml (1 cup) boiling water
- 75 ml (5 tbsp) butter
- 3 sweet onions, sliced
- 50 ml (1/4 cup) white wine
- 2 leeks, white parts only, cleaned and sliced
- 2 shallots, chopped
- 2 cloves garlic, minced
- 30 ml (2 tbsp) each chopped thyme, rosemary
- 45 ml (3 tbsp) all-purpose flour
- 500 ml (2 cups) each chicken and beef broth
- Salt and black pepper
- 4 slices stale crusty bread
- 4 slices fontina cheese
- Chopped fresh chives

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THE COOKIE AISLE.

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OUR WORKOUT BAGS
WHEN WE SKIP THE GYM.

AND SOMETIMES
CREEPS BY WHEN
WE LOOK IN THE MIRROR.

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Think Pink

October marks Breast Cancer Awareness Month

Breast cancer doesn't just touch women diagnosed with this illness; it also impacts their partners, children, other family members, close friends and wider communities. The good news is that the breast cancer death rate has fallen by more than 30 per cent since 1986 and is currently the lowest it has been since 1950. And Canadian scientists continue to make headway in areas of prevention, diagnosis, treatment and management of this disease. Pauline Anderson looks at what's here and what's coming.

Managing stress can keep you healthy

Too much stress may help trigger events that lead to cancer But you can take control with these tips

While some stress may actually prevent cancer, too much may overtax the immune system and other defense mechanisms and may help trigger the cascade of cellular events that leads to cancer.

One theory is that when the body tries to cope with stress, signaling pathways are turned on, some of which may be linked with cancer.

Another type of stress — oxidative stress or the body's inability to metabolize oxygen for generating energy — may also contribute to cancer risks.

Developing ways to prevent this stress is a hot topic among cancer researchers.

What we know so far is that several factors contribute to oxidative stress and cell damage, including environmental pollutants, hydrogenated fats and cigarette smoke. Try to avoid these and stick to antioxidant-rich foods (think berries, broccoli, tomatoes, garlic and green tea).

To help deal with emotional stress, women coping with breast cancer can take advantage of the free Healing Journey program, developed by Dr. Allistair Cunningham, a clinical psychologist, and offered at various Wellspring cancer support sites.

The aim of the program is to listen to each woman, help her articulate her main concerns and provide strategies for her and her family to gain some mastery over their situation, says Cunningham.

Mental health

Use mental exercises, such as meditation, imagery or visualization, to help quiet the mind and interrupt negative thought patterns.

"With a diagnosis of cancer, the single main cause of stress is not the disease itself. It's our thoughts about it," says Cunningham. "We get this stream of dreadful catastrophic thoughts about dying and about suffering, and that drags people down."

ITSOCK

▶ Try meditation or visualization techniques to quiet the mind and interrupt negative thoughts.

Tips for stress

Dr. Cunningham offers up some general stress management techniques.

- **Be physically active.** This not only relieves stress, but also can help prevent breast cancer recurrence.
- **Learn relaxation techniques.** Relaxing your body, one muscle group at a time, calms the mind. Do exercises like yoga and Tai Chi to relax yourself.
- **Express emotions.** This could mean talking with another person or a group of people. The Wellspring program offers support groups with a leader so each woman gets a chance to tell her story.
- **Start a journal.** Writing down your thoughts and emotions can help you sort them out and better deal with them.

‘Keep climbing’

It’s been nearly a year since Metro’s Jodi Brown was told she had breast cancer right before her 39th birthday The mother of two shares her story ‘My Metro horoscope that day read: You were born to reach the top of your chosen profession. So start climbing.’

Jodi Brown is shown with her son Callum.

A few thoughts

I’m eight weeks after treatment and odds are very, very good that I’m forever breast cancer free. But, if you are just starting this journey, here are five random insights:

- **Hot girls get breast cancer.** You’re in good company. Think Christina Appelgate, Sheryl Crow, Kylie Minogue…
- **Real hair wigs are worth every penny.** Don’t let anyone convince you that the synthetic hair wig at half the price will do. It won’t. It gets fuzzy and awful and looks bad.
- **Eyelashes have a purpose other than batting at boys.** Who knew? Wear sunglasses when riding a bike during chemo or bugs and dust will make your eyes tear up.
- **During chemo,** when your brain is fuzzy, like really, really fuzzy, remember some people feel like that ALL the time.
- **Don’t take your horoscope literally.** But keep climbing.

In the middle of my workday — climbing to the top of my chosen profession of course — I went to my doctor’s office.

My actual doctor, let’s call him Dr. D (because that’s what I actually call him) wasn’t there so the doctor on duty, let’s call her Doctor XX (because I can’t remember her name), did a routine breast exam.

While palpating around she felt something and had me feel it too. Something small, hard and round — like a pea. Textbook right?

She reassured me that it was probably a cyst and would likely shrink or clear in a week or two. Days passed, then weeks, and it didn’t. Not even a little bit.

I hadn’t planned to tell my boyfriend. If it turned out to be cancer, I was going to make an excuse to break up with him. I mean, who would ask a brand spanking new boyfriend to deal with Cancer Girl.

And then, out of the blue, he noticed the little lump. There it was. He reassured me that he wasn’t going anywhere. I replied that I wouldn’t give him the choice. When I got my diagnosis I called and told him to break up with me, but he still wouldn’t.

Dr. XX was there for my follow-up. She told me there was still no reason to worry; it could be a lot of things. I cried anyway. She took pity and sent me for an ultrasound and mammogram to ease my mind.

I called my best friend to meet me for support. As we waited in the hallway (men aren’t allowed in the actual waiting room), I told him I was sure I had cancer. He crumpled up the package from the bagel he’d brought me and tossed it at me. We played paper bag catch for the next hour — it felt like 10 — while we waited.

I was eventually brought in and squished in the mammogram machine. The results were negative. It was double-checked with an ultrasound, and it took the doctor less than a minute to tell me that the lump I’d been obsessing about for two weeks was a lymph node that had floated down into my breast. It was absolutely nothing to worry about.

I was ready to jump up and kiss him on the mouth when he said he saw something in a different part of my breast. He was 99 per cent certain it was nothing, just a little cloudiness on the ultrasound, but he’d recommend a biopsy to be sure. I charmed him into performing the biopsy right there on the ultrasound table.

I walked back into the hall and hugged my BFF. I didn’t have cancer. We had a beer. I went home that night and told my two sons I was sorry I had been acting weird for the last two weeks. “I thought I had cancer but I don’t.” Then I did the “I don’t have cancer” happy dance. They were unimpressed. I’m a terrible dancer.

I returned to Dr. D’s a week or so later for a referral for one of my sons. After 20 minutes waiting in his office, I was getting pissed. The doctor walked into the room with my file, not my son’s.

“You have cancer.” (Well, you already know this isn’t an I-don’t-have-cancer story.) “Listen, I wouldn’t want to be sitting in your chair but if I had to be sitting in your chair and be told I had cancer, I’d want to be told I

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▶ Jodi with her boyfriend Matt.

▶ Jodi waking up after surgery.

ALL PHOTOS PROVIDED BY JODI BROWN

▶ Jodi's sister Caitlin shaved her head to support her sister.

Brand new breasts

My surgical oncologist, the amazing, sensitive Dr. C (she's the best. Tweet me at @luckyjodi if you want her full name; hint: it starts with a "C"), recommended I postpone reconstruction to be "safe."

If you get immediate reconstruction and need radiation, it might mess up your new boobs. On the flip side, the immediate reconstruction gives the best and most natural results if you don't need radiation.

Dr. C said a recommendation for delayed reconstruction was typical in Canada, where we tend to be more conservative, whereas in the U.S. immediate reconstruction is more common.

Recognizing my struggle, she ensured that I met with every specialist I could to help me evaluate the chance of success with immediate reconstruction. I liked my odds and my sister gave me a "I'd do it" so I gave the thumbs up to replacing my old cancerous breast/s with brand new silicone-filled ones immediately after surgery.

Arriving at that decision made me feel instantly relieved. I had control over something and I actually kind of liked the idea of brand new breasts.

had breast cancer. It's one of the ones we now understand, and typically the prognosis is good. I'm going to refer you to the breast centre."

I had a surgery decision to make. There was cancer in my right breast for sure, but seven biopsies on the left side later and it was still uncertain if it was in both.

Testing positive for BRCA (the "breast cancer gene") gives you a 60 per cent chance of developing breast cancer in your lifetime. I decided to get a bilateral mastectomy because I was reasonably sure I'd test BRCA positive — my grandmother had breast cancer and I'm of Ashkenazi Jewish decent, which also increases my chances. (My results, which came back months after my surgery, determined I didn't carry the gene.)

And — more importantly for me — I had decided to have breast reconstruction at the same time as the mastectomy, and I figured if you have to get one new breast, you might as well get the other to match.

After surgery I woke up high as a kite on morphine. It wasn't easy to come out of that surgery, but without the breast reconstruction it would have been 1,000 times harder.

I later learned that Dr. C gave my sisters and my boyfriend high fives while I was in the recovery room. The surgery had gone well and by all early accounts I wouldn't need radiation because it didn't look like any cancer was near my chest wall nor had it metastasized into my lymph nodes.

I thought I was out of the water decision-wise after the surgery, but now I had to choose whether to go with the post-surgery recommended course of six rounds of chemo as "insurance," in case a cancer cell had escaped into my blood stream.

I didn't want to go through chemo. Remember, I was "born to be at the top of my profession" and I was supposed to be "climbing" there.

But, how terrible would I feel if I turned down the "insurance" of chemo and then didn't get a chance to see my sons grow up. I decided to go forward with the 18 weeks of treatment.

I was worried that, as a woman in business, showing people I had cancer (hard to hide when you're bald or wearing a wig and lose your eyelashes and eyebrows) would make me look weak and a liability.

I didn't have to worry. My boss soon assured me cancer doesn't need to change the way you are treated or perceived at work. His support helped me "come out" in the business world, to show other women that a cancer diagnosis is not the end of the world, or your career.

Chemo sucks. Don't get me wrong. But to be honest I thought it would be even worse. I did lose my hair. I did lose almost all my eyelashes. I did lose almost all my eyebrows. Ironically I had to get my lip waxed anyway halfway through my treatment.

The best parts? Falling in love again with someone who stood by me the whole time even though he'd only known me a short time pre-diagnosis. He was awesome.

We played with a bouncy ball while chemo pumped into my veins.

He made other patients smile. He made me laugh. He made me feel not-so-ugly. He went about building a new life with me as if cancer wasn't a thing.

And my kids were amazing. And my ex came around and went from bitter and resentful to understanding and empathetic.

And my colleagues were supportive and trusting that I'd come out of this better than before.

And my direct reports, the managers who had to carry me when my brain was cotton candy, made me look good and took care of the things when I couldn't.

And my sisters were my rocks. And the whole entire rest of my family rallied around me.

The people who love me made it almost easy.

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Catching cancer with high-tech tools

Several new developments in mammography and other cancer detection technologies are helping to find breast cancer earlier And there's more in the pipeline Here's a look at what's new and what's coming

Digital mammography
This technology, which records X-ray images that can then be viewed on a monitor, is quickly replacing standard analog film systems.

"You can sharpen the image, adjust the contrast and brightness, calculate things from the image, and send the image to a doctor in another location via the Internet," says Martin Yaffe, a physicist and senior scientist at Sunnybrook Health Science Centre in Toronto and a professor of medical biophysics at the University of Toronto.

"It's a better picture and it's easier to see a cancer if it's there, and it's also easier to tell if there's no cancer."

A recent international trial that included Sunnybrook found that digital mammography detects tumors more accurately than standard mammography in younger women and those with dense breasts.

Digital mammography is probably 30 per cent more accurate at finding cancers in these women, says Yaffe.

ISTOCK

▶ Technology is getting better at diagnosing — and treating — breast cancer.

Breast MRI (Magnetic Resolution Imaging)
Sunnybrook is also evaluating MRI scanners that are equipped to image breasts in women at very high risk for breast cancer — they either have a strong family history or carry one of the two genetic mutations known to cause this disease.

These women represent less than one per cent but they have at least a 25 per cent lifetime risk of developing breast cancer. "Breast MRI imaging is substantially better than standard mammography and is at least 80 to 90 per cent accurate," says Yaffe.

Tomosynthesis
This new 3D digital mammography machine is still at the testing stage.

The breast itself is three-dimensional, but regular mammography images of the breast are flat, "so all that information is kind of squashed down," says Yaffe.

The 3D image allows experts to observe slices of the breast in sequence, like flipping through a book, page by page. "We call it a movie loop and you're just looking at it slice by slice, very quickly," says Yaffe. Results of the study should be available in a year.

Molecular imaging
Even further down the road is an exciting new technology that depicts suspicious changes in the breast at the molecular level.

"It's almost like the cancer has a fingerprint or a signature," says Yaffe. "Instead of just looking for a mass or lump in the breast with imaging, we're looking at actual molecular signatures that tell you that something has changed at the molecular level."

This approach is "much earlier along the pathway," says Yaffe, adding it might take five or 10 years to become available.

Diagnostic probe
Researchers in Hamilton, Ont., are evaluating a new probe that when injected into breast cancer patients quickly gets picked up by cancer cells and "lit up" by a PET (positron emission topography) scanner.

Unlike a biopsy, which involves taking a small tissue sample, this new technique shows the entire tumour. The real-time images could be useful to determine — early on — whether a tumour is responding to treatment. And if it's not working, doctors may decide to change drugs or recommend surgery at an earlier point.

Low dose radiation
New mammography machines, that use half the radiation and produce better quality images than standard machines, are now in use in parts of the country.

The system eliminates the "dead" pixels found with other types of digital systems that can make the detection of cancer more difficult. Images with these new machines are delivered with a resolution that is up to four times higher than the resolution of other digital systems. Higher resolution images aid in the detection of early changes in the breast tissue.

New treatments

Scientists are developing strategies for drug treatments that are more effective.

- **SERMS (Selective Estrogen Receptor Modulators):** A new study found that treatment with tamoxifen cut annual breast-cancer mortality by 30 per cent.
- **Exemestane:** The Aromatase inhibitor significantly reduces the risk of breast cancer in some high-risk women, according to a landmark Canadian-led prevention trial.

Looking good!

Look Good Feel Better is a program dedicated to improving the self-esteem and quality of life of women undergoing treatment for cancer.

At the heart of Look Good Feel Better is a free, two-hour hands-on workshop in which women whose appearance has been affected by cancer can feel more like themselves again.

Guided by experts through the program's Signature Steps, women master simple cosmetic techniques, explore hair alternatives and learn about cosmetic hygiene, nail and skin care.

Participants also take home a complimentary kit of cosmetics and personal care products that are donated by the member companies of the Canadian Cosmetic, Toiletry and Fragrance Association.

For information or to find a workshop near you visit lgfb.ca.

Bare breast stats

Get the stats on breast cancer:

- **An estimated** 23,200 women in Canada were diagnosed with breast cancer in 2010 (an increase of 500 from 2009) and 5,300 died from the disease.
- **On average,** 445 Canadian women are diagnosed with breast cancer every week.
- **One in nine** (or 11 per cent) Canadian women are expected to develop breast cancer during their lifetime (by age 90).
- **Breast cancer** also affects men; in 2010, an estimated 180 Canadian men were diagnosed with breast cancer and 50 died from the disease.
- **At present,** the five-year survival rate for female breast cancer in Canada is 87 per cent (84 per cent for men), which means that women diagnosed with breast cancer have an 87 per cent likelihood of living for five years after their diagnosis.
- **Breast cancer** death rates have declined in every age group since the mid-1990s.
- **Of the women** who undergo mammography screening, about five per cent are invited for a return visit; of these, 90 per cent are given a clean bill of health and 10 per cent undergo further investigations.
- **An average of** one in 2,500 woman investigated will undergo surgery for breast cancer.
- **About 88 per cent** of possible cases are detected by mammography.

GET CAUGHT UP ON EATING FROM HEALTHY FISHERIES

I like to eat tuna but I know it contains mercury. Is there tuna with low levels of mercury? *Christine of Edmonton*

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LINDSAY COULTER
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Who says science and research can't be fun?

Male beetles found making love to beer bottles

HANDOUT/THE CANADIAN PRESS

▶ University of Toronto professor Darryl Gwynne

A paper on beer bottle-mating beetles was the toast of the Ig Nobel Prizes, which honour research tickling both the brain and the funny bone.

Research co-authored by University of Toronto professor Darryl Gwynne and his Australian colleague David Rentz was the winner in the biology category. The awards ceremony was held at Harvard University on Thursday.

A parody of the Nobel Prizes, the Ig Nobel Prizes are handed out annually by the scientific humour magazine Annals of Improbable Research. The awards are "intended to celebrate the unusual, (and) honour the imaginative" while generating public interest in science, medicine and technology.

Gwynne and Rentz were honoured for their 1983 paper Beetles on the Bottle: Male Buprestids Mistake Stubbies for Females. Gwynne joined U of T's Mississauga campus in 1987 and conducted his research as a post-doctoral fellow at the University of Western Australia in Nedlands.

While carrying out field work and walking along a dirt road in Western Australia, Gwynne and Rentz observed male Australian jewel beetles trying to crawl atop or along the side of scattered brown beer bottles, or "stubbies."

HANDOUT/THE CANADIAN PRESS

▶ An Australian jewel beetle is seen on a beer bottle.

Gwynne said the stubbies resemble a "super female" jewel beetle in shape and hue, big and orangey-brown in colour. The bottles also feature a slightly dimpled surface near the bottom — aimed at preventing the bottle from slipping out of one's grasp — that reflects light in much the same way as female wing covers.

The beetles' longing for loving was so strong that they fried to death under the hot sun trying to mate with the bottles and ignored the females. They were eaten by hungry ants or had to be removed by the researchers.

While being recognized for the humour in the research, Gwynne said there are serious messages in the findings.

Gwynne said human interference — perhaps unwittingly — in the evolutionary process can lead to unintended consequences. In this instance, the fact that female beetles were ignored by males could have a huge impact on the natural world.

"Improperly disposed of beer bottles not only present a physical and 'visual' hazard in the environment, but also could potentially cause great interference with the mating system of a beetle species," says the paper.

What's more, Gwynne says the research supports the theory of sexual selection — that males, in their eagerness to mate, are the ones that make mating mistakes.

THE CANADIAN PRESS

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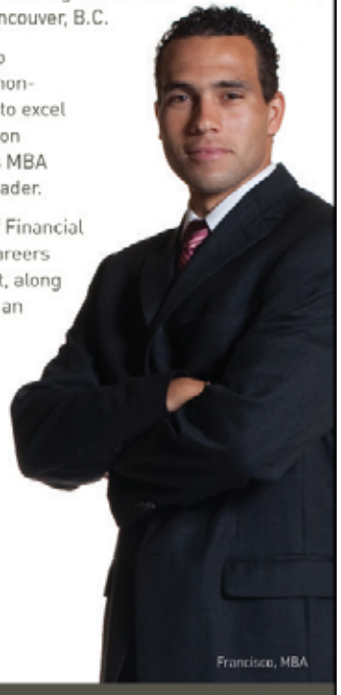

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‘The best way to heal is to reach out’

Ellen Campbell doing her best to help abuse victims

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

When Ellen Campbell is happy, her smile can light up an entire room. Not many know about the dark days she has gone through because of the sexual abuse she suffered as a child.

As she careened through adulthood she was always chased by depression.

She became suicidal and ended up in a hospital psychiatric ward.

SUBMITTED

▶ Ellen Campbell

“I wanted to kill myself and I didn’t know why. As I was lining up for my pills I knew that if I didn’t fight back it would end badly. It was a turning point in my life and I realized I needed help.”

She founded the Canadian Centre for Abuse Awareness in 1993 and today with the help of supporters like John Derringer and Q107 radio, they help over 200,000 women, men and children a year.

“Society is finally recognizing the damage that abuse causes. The best way to heal is to reach out for help.”

October is Child Abuse Awareness month.

We salute you Ellen Campbell, and all the amazing people that work to protect men, women and children and bring awareness to this issue.

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4 sports

Tigers stay afloat in ALDS

CHRIS TROTMAN/GETTY IMAGES

▶ Detroit's Jose Valverde celebrates the final out in Game 2 of the AL division series against the Yankees yesterday.

Detroit holds on to even series as skies open up at Yankee Stadium

TIGERS	5
YANKEES	3

Detroit closer Jose Valverde held off a furious New York ninth-inning rally and the Tigers avoided a major slip-up, beating the Yankees 5-3 on a rainy evening last night to even their best-of-five AL playoff series at one game apiece.

Down 5-1, the Yankees scored twice in the ninth. New York got a chance to win it when Detroit catcher Alex Avila lost his footing on the slick on-deck circle while chasing a foul that would've been the final out.

"It's a little hard. That's what happens sometimes," Valverde said.

After his popup landed untouched, Curtis Granderson drew a walk. With two outs and two on, Robinson Cano came to the plate.

Cano, who hit a grand slam and had six RBIs as New York won the opener, hit a routine groundball to end it.

"All of a sudden, against anybody — but particularly against a team like them with the short porch in right field — it was not a good feeling," Tigers manager Jim Leyland said. "But it worked out OK."

Tigers starter Max Scherzer pitched no-hit ball into the sixth before Cano blooped an opposite-field single to left.

Miguel Cabrera's two-run homer in the first off Freddy Garcia gave Scherzer an early edge, and the Tigers took a 4-0 lead into the eighth.

Granderson hit a solo shot off Tigers reliever Joaquin Benoit in the eighth. Pretty soon, the rain — and all the drama — filled Yankee Stadium.

Game 3 is tonight at Detroit. In an ace rematch, CC Sabathia is scheduled to start for the Yankees against Justin Verlander. The all-stars faced each other in the series opener Friday night, but the game was suspended after only 1 ½ innings because of rain.

The Yankees lost three of four this year at Detroit and are 22-25 at Comerica Park since it opened in 2000. It's one of two AL stadiums where New York has a losing record.

The Tigers fly home with a chance to take control of the series, just as they did in 2006 when they lost the opener in New York before sweeping three-straight.

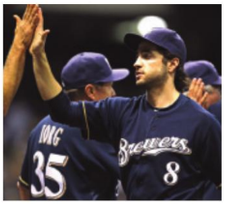
Yankees manager Joe Girardi rested late-game relievers Rafael Soriano and Dave Robertson, and Detroit made it 5-1 in the ninth on Don Kelly's RBI single. THE ASSOCIATED PRESS.

Quoted

"I just think there's going to be no hitting in this game ... You've really got to think when you're going to go finish your hit, you've really got to pay attention because the guy with the puck doesn't have any responsibility any more.

TORONTO MAPLE LEAFS FORWARD CLARKE MACARTHUR ON SATURDAY AFTER BEING SUSPENDED FOR THE LEAFS' FIRST TWO REGULAR-SEASON CONTESTS FOR A HIT ON DETROIT RED WING JUSTIN ABDELKADER ON FRIDAY NIGHT.

National League



Jonathan Lucroy drove in the go-ahead run with a squeeze and the Milwaukee Brewers broke away from the Arizona Diamondbacks 9-4 yesterday to take a 2-0 lead in their NL division series.

▶ Ryan Braun, pictured, hit a two-run homer and slugger Prince Fielder added an RBI single for Milwaukee.

▶ The Brewers now hold a 2-0 lead in a playoff series for the first time in franchise history. Game 3 is tomorrow at Arizona. Milwaukee will go for a sweep when Shaun Marcum takes on rookie Josh Collmenter. THE ASSOCIATED PRESS

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PLAYOFFS

DIVISION SERIES

All Times Eastern
(Best-of-5)

AMERICAN LEAGUE

N.Y. YANKEES (E) VS. DETROIT (C)
(Series tied 1-1)
Yesterday's result
Detroit 5 N.Y. Yankees 3
Saturday's result
N.Y. Yankees 9 Detroit 3 (comp. of susp. game)
Tonight's game
N.Y. Yankees (Sabathia 19-8) at Detroit (Verlander 24-5), 8:37 p.m.
Tomorrow's game
N.Y. Yankees at Detroit, TBA
Thursday's game
x-Detroit at N.Y. Yankees, TBA
TEXAS (W) VS. TAMPA BAY (WC)
(Series tied 1-1)
Saturday's result
Texas 8 Tampa Bay 6
Today's game
Texas (Lewis 14-10) at Tampa Bay (Price 12-13), 5:07 p.m.
Tomorrow's game
Texas at Tampa Bay, TBA
Thursday's game
x-Tampa Bay at Texas, TBA

NATIONAL LEAGUE

PHILADELPHIA (E) VS. ST. LOUIS (WC)
(Philadelphia leads series 1-0)
Last night's result
St. Louis at Philadelphia
Saturday's result
Philadelphia 11 St. Louis 6
Tomorrow's game
Philadelphia at St. Louis, TBA
Wednesday's game
x-Philadelphia at St. Louis, TBA
Friday's game
x-St. Louis at Philadelphia, TBA
MILWAUKEE (C) VS. ARIZONA (W)
(Milwaukee leads series 2-0)
Last night's result
Milwaukee 9 Arizona 4
Saturday's result
Milwaukee 4 Arizona 1
Tomorrow's game
Milwaukee at Arizona, TBA
Wednesday's game
x-Milwaukee at Arizona, TBA
Friday's game
x-Arizona at Milwaukee, TBA
x — if necessary.

CALENDAR

Oct. 19 — World Series begins, city of NL champion.
October-November — Free agent period to sign exclusively with former teams, first five days after World Series ends.
Nov. 14-15 — General managers' meetings, Milwaukee.
Nov. 15-16 — Owners' meetings, Milwaukee.
Nov, 23 — Last day for teams to offer salary arbitration to their former players who became free agents.
Dec. 5-8 — Winter meetings, Dallas.
Dec. 7 — Last day for free agents offered salary arbitration to accept the offers.
Dec. 11 — Collective bargaining agreement expires.

TIGERS 5, YANKEES 3

Detroit	ab	r	h	bi	New York	ab	r	h	bi
AJcksn cf	5	1	0	0	Jeter ss	5	0	0	0
Ordonz rf	3	1	3	0	Grndrs cf	4	1	1	1
Kelly pr-rf	2	1	1	1	Cano 2b	4	0	1	0
DYong lf	5	0	0	0	ARdrg 3b	3	0	0	0
MiCarr 1b	4	1	3	3	Teixeir 1b	4	0	0	0
VMrtnz dh	4	0	1	1	Swisher rf	3	1	1	1
Avila c	3	0	0	0	Posada dh	3	1	2	0
JhPerlt ss	4	0	0	0	RMartn c	2	0	0	0
Betemt 3b	2	0	0	0	Gardnr lf	2	0	0	0
Inge 3b	1	1	1	0	ErChvz ph	1	0	0	0
RSantg 2b	2	0	0	0	AnJons lf	0	0	0	1
Totals	**35**	**5**	**9**	**5**	**Totals**	**31**	**3**	**5**	**3**
Detroit					**200 002 001**			**5**	
New York					**000 000 012**			**3**	

E—Jeter (1). LOB—Detroit 7, New York 9. 3B—Posada (1). HR—Mi.Cabrera (1), Granderson (1), Swisher (1). SB—Mi.Cabrera (1). S—R.Santiago 2. SF—An.Jones.

Detroit	IP	H	R	ER	BB	SO
Scherzer W,1-0	6	2	0	0	4	5
Benoit H,1	2	1	1	1	0	3
Valverde	1	2	2	2	2	1
New York						
F.Garcia L,0-1	5 1-3	6	4	3	0	6
Logan	2-3	0	0	0	0	2
Wade	2	2	0	0	1	2
Ayala	1	1	1	1	0	0

Scherzer pitched to 2 batters in the 7th.
HBP—by Scherzer (R.Martin), by Ayala (Inge).
Balk—Logan.
Umpires—Home, Eric Cooper; First, Gerry Davis; Second, Dan Iassogna; Third, Ted Barrett; Right, Tony Randazzo; Left, Bill Welke.
T—3:34. A—50,596 (50,291).

BREWERS 9, DIAMONDBACKS 4

Arizona	ab	r	h	bi	Milwaukee	ab	r	h	bi
Blmqst ss	4	0	0	0	C.Hart rf	5	2	2	1
A.Hill 2b	3	1	3	0	CGomz cf	0	0	0	0
J.Upton rf	5	1	1	2	Morgan cf-rf	5	0	1	2
MMntr c	4	0	0	0	Braun lf	4	2	3	3
Gldsch 1b	4	1	1	1	Fielder 1b	4	1	1	1
COyung cf	4	1	3	1	RWeks 2b	4	0	1	1
RRorts 3b	4	0	2	0	HrstnJr 3b	4	1	2	0
GParra lf	4	0	0	0	YBtncr ss	3	1	0	0
DHdsn p	2	0	0	0	Lucroy c	3	1	1	1
Ziegler p	0	0	0	0	Greink p	2	0	1	0
Patersn p	0	0	0	0	Saito p	0	0	0	0
Shaw p	0	0	0	0	Kotsay ph	0	1	0	0
Brrghs ph	1	0	0	0	Hwkns p	0	0	0	0
Owings p	0	0	0	0	FrRdrg p	0	0	0	0
Blum ph	1	0	0	0	McGeh ph	1	0	0	0
DHmdz p	0	0	0	0	Axford p	0	0	0	0
Totals	**36**	**4**	**10**	**4**	**Totals**	**35**	**9**	**12**	**9**
Arizona					**010 120 000**			**4**	
Milwaukee					**202 005 00x**			**9**	

E—Ziegler (1), Y.Betancourt (1). DP—Arizona 1. LOB—Arizona 10, Milwaukee 5. 2B—C.Young (1), R.Roberts (1), Braun (2), Hairston Jr. (1). 3B—R.Weeks (1). HR—J.Upton (1), Goldschmidt (1), C.Young (1), Braun (1). SB—Bloomquist (2). CS—R.Roberts (1). S—Lucroy.

Arizona	IP	H	R	ER	BB	SO
D.Hudson L,0-1	5 1-3	9	5	5	0	6
Ziegler	0	3	4	4	2	0
Paterson	1-3	0	0	0	0	1
Shaw	1-3	0	0	0	0	0
Owings	1	0	0	0	0	1
Da.Hernandez	1	0	0	0	0	0
Milwaukee						
Greinke	5	8	4	4	0	7
Saito W,1-0	1	1	0	0	0	1
Hawkins	1	0	0	0	2	1
Fr.Rodriguez	1	1	0	0	1	2
Axford	1	0	0	0	2	2

Ziegler pitched to 6 batters in the 6th.
Balk—Ziegler.
Umpires—Home, Alfonso Marquez; First, Joe West; Second, Bruce Dreckman; Third, Jeff Kellogg; Right, Ron Kulpa; Left, James Hoye.
T—3:29. A—44,066 (41,900).

NFL

WEEK FOUR

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Buffalo	3	1	0	.750	133	96
New England	3	1	0	.750	135	98
N.Y. Jets	2	1	0	.667	83	61
Miami	0	4	0	.000	69	104

SOUTH

	W	L	T	Pct	PF	PA
Houston	3	1	0	.750	107	70
Tennessee	3	1	0	.750	88	56
Jacksonville	1	3	0	.250	39	85
Indianapolis	0	3	0	.000	46	84

NORTH

	W	L	T	Pct	PF	PA
Baltimore	2	1	0	.667	85	40
Cincinnati	2	2	0	.500	80	74
Cleveland	2	2	0	.500	74	93
Pittsburgh	2	2	0	.500	64	72

WEST

	W	L	T	Pct	PF	PA
San Diego	3	1	0	.750	91	85
Oakland	2	2	0	.500	111	113
Denver	1	3	0	.250	81	111
Kansas City	1	3	0	.250	49	126

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Washington	3	1	0	.750	83	63
N.Y. Giants	3	1	0	.750	102	87
Dallas	2	2	0	.500	99	101
Philadelphia	1	3	0	.250	101	101

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	3	1	0	.750	127	98
Tampa Bay	2	1	0	.667	60	60
Atlanta	2	2	0	.500	90	105
Carolina	1	3	0	.250	89	102

NORTH

	W	L	T	Pct	PF	PA
Green Bay	4	0	0	1.000	148	97
Detroit	4	0	0	1.000	135	76
Chicago	2	2	0	.500	94	98
Minnesota	0	4	0	.000	77	96

WEST

	W	L	T	Pct	PF	PA
San Francisco	3	1	0	.750	94	75
Seattle	1	3	0	.250	58	97
Arizona	1	3	0	.250	86	87
St. Louis	0	4	0	.000	46	113

Yesterday's results
Atlanta 30 Seattle 28
Chicago 34 Carolina 29
Cincinnati 23 Buffalo 20
Detroit 34 Dallas 30
Green Bay 49 Denver 23
Houston 17 Pittsburgh 10
Kansas City 22 Minnesota 17
New England 31 Oakland 19
New Orleans 23 Jacksonville 10
N.Y. Giants 31 Arizona 27
San Diego 26 Miami 16
San Francisco 24 Philadelphia 23
Tennessee 31 Cleveland 13
Washington 17 St. Louis 10
N.Y. Jets at Baltimore
Tonight's game
All Times Eastern
Indianapolis at Tampa Bay, 8:30 p.m.

CFL

WEEK 14

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	13	8	5	0	406	323	16
Winnipeg	13	8	5	0	317	309	16
Hamilton	13	7	6	0	378	356	14
Toronto	13	3	10	0	263	371	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Calgary	13	8	5	0	364	348	16
B.C.	13	7	6	0	367	273	14
Edmonton	13	7	6	0	312	317	14
Saskatchewan	13	4	9	0	275	385	8

Saturday's results
Calgary 40 Saskatchewan 3
Hamilton 27 Toronto 12
Friday's results
B.C. 33 Edmonton 24
Montreal 32 Winnipeg 26

CIS FOOTBALL

WEEK FIVE

ATLANTIC CONFERENCE

	GP	W	L	T	PF	PA	Pt
Saint Mary's	4	3	1	0	132	34	6
Acadia	4	3	1	0	117	41	6
St. F. Xavier	4	1	3	0	57	148	2
Mt. Allison	4	0	4	0	60	174	0

QUEBEC CONFERENCE

	GP	W	L	T	PF	PA	Pt
Laval	5	5	0	0	149	57	10
Sherbrooke	5	4	1	0	144	113	8
Montreal	5	3	2	0	96	89	6
Bishop's	5	2	3	0	122	127	4
Concordia	5	2	3	0	118	133	4
McGill	5	0	5	0	57	136	0

ONTARIO CONFERENCE

	GP	W	L	T	PF	PA	Pt
Western Ontario	5	5	0	0	257	107	10
Windsor	5	4	1	0	176	100	8
McMaster	5	4	1	0	151	102	8
Queen's	5	3	2	0	142	89	6
Ottawa	5	3	2	0	124	106	6
Wilfrid Laurier	5	2	3	0	200	156	4
Toronto	5	2	3	0	42	112	4
Guelph	5	1	4	0	119	147	2
York	5	1	4	0	61	185	2
Waterloo	5	0	5	0	86	254	0

CANADA WEST CONFERENCE

	GP	W	L	T	PF	PA	Pt
Calgary	5	5	0	0	215	88	10
British Columbia	5	3	2	0	148	129	6
Saskatchewan	5	3	2	0	147	114	6
Manitoba	5	2	3	0	120	126	4
Regina	5	2	3	0	85	137	4
Alberta	5	0	5	0	78	199	0

Yesterday's results
Calgary 61 Alberta 7
Laval 37 Concordia 4
Saturday's results
McMaster 46 Waterloo 20
Saint Mary's 8 Acadia 3
Sherbrooke 20 Montreal 11
St. Francis Xavier 24 Mount Allison 17
Western Ontario 48 York 23
Wilfrid Laurier 51 Ottawa 16
Windsor 41 Guelph 21
Friday's results
Bishop's 23 McGill 18
Queen's 13 Toronto 6
Regina 26 Manitoba 18
Saskatchewan 36 British Columbia 33

TENNIS

WTA TORAY PAN PACIFIC OPEN

At Tokyo
Singles — Championship
Agnieszka Radwanska (9), Poland, def. Vera Zvonareva (4), Russia, 6-3, 6-2.
Doubles — Championship
Liezel Huber and Lisa Raymond (1), U.S., def. Gisela Dulko, Argentina, and Flavia Pennetta (2), Italy, 7-6 (4), 0-6, 10-6 (tiebreak).

ATP MALAYSIAN OPEN

At Kuala Lumpur, Malaysia
Singles — Championship
Janko Tipsarevic (3), Serbia, def. Marcos Baghdatis, Cyprus, 6-4, 7-5.
Doubles — Championship
Eric Butorac, U.S., and Jean-Julien Rojer (2), Netherlands Antilles, def. Frantisek Cermak, Czech Republic, and Filip Polasek (3), Slovakia, 6-1, 6-3.

ATP PTT THAILAND OPEN

At Bangkok, Thailand
Singles — Championship
Andy Murray (1), Britain, def. Donald Young, U.S., 6-2, 6-0.
Doubles — Championship
Aisam-Ul-Haq Qureshi, Pakistan, and Oliver Marach (1), Austria, def. Michael Kolhmann and Alexander Waske, Germany, 7-6 (4), 7-6 (5).

WTA CHINA OPEN

At Beijing
Singles — First Round
Monica Niculescu, Romania, def. Li Na (4), China, 6-4, 6-0.
Sam Stosur (6), Australia, def. Tsvetana Pironkova, Bulgaria, 6-4, 6-0.
Marion Bartoli (8), France, def. Iveta Benesova, Czech Republic, 3-6, 6-4, 7-5.
Anastasia Pavlyuchenkova (13), Russia, def. Barbora Zahlavova Strycova, Czech Republic, 7-5, 6-4.
Sabine Lisicki (14), Germany, def. Irina-Camelia Begu, Romania, 6-2 (retired).
Kaia Kanepi, Estonia, def. Zheng Saisai, China, 6-0, 6-3.
Daniela Hantuchova, Slovakia, def. Eleni Daniilidou, Greece, 6-4, 6-2.
Dominika Cibulkova, Slovakia, def. Zhang Shuai, China, 6-0, 6-2.
Ana Ivanovic, Serbia, def. Kimiko Date-Krumm, Japan, 6-1, 6-1.
Christina McHale, U.S., def. Ayumi Morita, Japan, 6-2, 0-6, 6-3.
Carla Suarez Navarro, Spain, def. Ekaterina Makarova, Russia, 7-5, 6-1.
Maria Jose Martinez Sanchez, Spain, def. Shahar Peer, Israel, 6-1, 7-5.
Polona Hercog, Slovenia, def. Laura Robson, Britain, 6-4, 6-3.
Chanelle Scheepers, South Africa, def. Hu Yue-Yue, China, 6-0, 5-7, 6-0.

NHL

PRE-SEASON

Yesterday's results
Detroit 3 Pittsburgh 2
Washington 4 Chicago 1
At Bratislava, Slovakia
N.Y. Rangers 4 HC Slovan 1
Saturday's results
Vancouver 4 Edmonton 1
Detroit 4 Toronto 2
Dallas 4 St. Louis 0
Nashville 2 Carolina 1 (OT)
New Jersey 2 Philadelphia 1
Phoenix 3 San Jose 1
At Quebec
Montreal 5 Tampa Bay 1
At Bridgeport, Conn.
Boston 3 N.Y. Islanders 2
At Las Vegas
Colorado 4 Los Angeles 1
Today's game
All Times Eastern
N.Y. Rangers vs. EV Zug (at Zug, Switzerland), 2 p.m.
Tomorrow's games
Anaheim vs. Jokerit (at Helsinki), 12 p.m.
Los Angeles vs. Hamburg (at Hamburg, Germany), 1 p.m.
Buffalo vs. Adler Mannheim (at Mannheim, Germany), 1:30 p.m.

END OF 2011 NHL PRE-SEASON

GOLF

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At Las Vegas
Par 71
Final Round

Kevin Na, $792,000	67-63-66-65—261
Nick Watney, $475,200	65-67-64-67—263
Tommy Gainey, $255,200	67-67-64-68—266
Paul Goydos, $255,200	66-66-66-68—266
David Hearn, $149,160	**69-67-66-65—267**
Tim Herron, $149,160	65-66-67-69—267
Spencer Levin, $149,160	68-67-64-68—267
Carl Pettersson, $149,160	66-67-66-68—267
Jhonattan Vegas, $149,160	63-67-69-68—267
Also	
Stephen Ames, $38,060	**71-67-65-67—270**

NATIONWIDE WNB GOLF CLASSIC

At Midland, Texas
Par 72
Final Round
(x—won on first playoff hole)

x-Danny Lee, $94,500	64-72-68-66—270
Harris English, $56,700	69-70-62-69—270
Garth Mulroy, $35,700	67-74-67-64—272
Bob Heintz, $21,700	65-73-69-66—273
Craig Bowden, $21,700	65-71-66-71—273
Gavin Coles, $21,700	66-69-65-73—273
Dicky Pride, $16,363	68-70-69-67—274
David Lingmerth, $16,363	69-69-68-68—274
Miguel Carballo, $16,363	67-66-71-70—274
Darron Stiles, $12,600	67-69-71-68—275
Brendon Todd, $12,600	67-70-68-70—275
Roger Tambellini, $12,600	68-73-64-70—275
B.J. Staten, $12,600	63-68-67-77—275
Also	
Richard T. Lee, $2,783	**69-70-67-75—281**
Jon Mills, $1,575	**68-73-70-75—286**

SOCCER

ENGLAND

PREMIER LEAGUE

Yesterday's results
Bolton 1 Chelsea 5
Fulham 6 Queens Park Rangers 0
Swansea 2 Stoke 0
Tottenham 2 Arsenal 1

GERMANY

BUNDESLIGA

Yesterday's results
Hamburger SV 1 Schalke 2
Hannover 3 Werder Bremen 2

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ANDY LYONS/GETTY IMAGES

▶ The Bengals' Andy Dalton runs for a fourth quarter touchdown against the Bills in Cincinnati yesterday.

Bengals beat Bills at their own game

Dalton's strong finish ends Cincinnati's 10 game losing streak vs. Buffalo dating back to 1988 AFC title game

BENGALS	BILLS
23	20

The Bills' stretch of amazing comebacks ended when they couldn't stop a rookie quarterback from pulling off one of his own.

Andy Dalton shook off a horrid first half and led his first game-winning drive in the NFL yesterday.

Mike Nugent's 43-yard field goal as time ran out gave the Cincinnati Bengals a 23-20 victory over the previously unbeaten Bills in front of the smallest crowd in Paul Brown Stadium's history.

"I think we needed it a lot, especially at home," Nugent said. "We've got to do a better job of putting fans in the stands."

Many of the 41,142 fans had left when Dalton ran three yards for a tying touchdown with 4:09 to go. He got Cincinnati (2-2) in position to pull it out by scrambling for a first down on the winning drive, helped by a replay overturn that went in his favour.

The Bills (3-1) arrived as the AFC's last perfect team after pulling off historic comebacks, rallying from deficits of 18 against Oakland and 21 points against New England in the past two games.

This time, it came down to holding a lead. They couldn't do it.

"I don't know if it had anything to do with all the emotion from last week's game," quarterback Ryan Fitzpatrick said. "It had more to do with us flat-out not showing up in the second half." THE ASSOCIATED PRESS

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All Blacks batter, bruise Canada

Winger Zac Guildford scored four of 12 tries as New Zealand beat Canada 79-15 yesterday while fly-half Colin Slade failed to seize his moment hours after becoming New Zealand's first-choice fly-half for the pressured knockout rounds of the Rugby World Cup.

As a staging post en-route to the quarterfinals, Sunday's match was only moderately pleasing to New Zealand. It scored 12 tries from an almost relentless attack but lacked complete control. Slade was, at best, a work in progress.

Canada was rewarded for a first half in which it held 76 per cent of territory when Trainor scored a try just before the break.

But Canada, who finished 1-3 in pool matches, lost valiant flanker Adam Kleeburger before the end in a head clash with All Blacks prop Tony Woodcock. THE ASSOCIATED PRESS

JUNJI KUROKAWA/THE ASSOCIATED PRESS

▶ Canada's Ander Monro is tackled by New Zealand All Blacks Zac Guildford yesterday at a Rugby World Cup game in Wellington, New Zealand.

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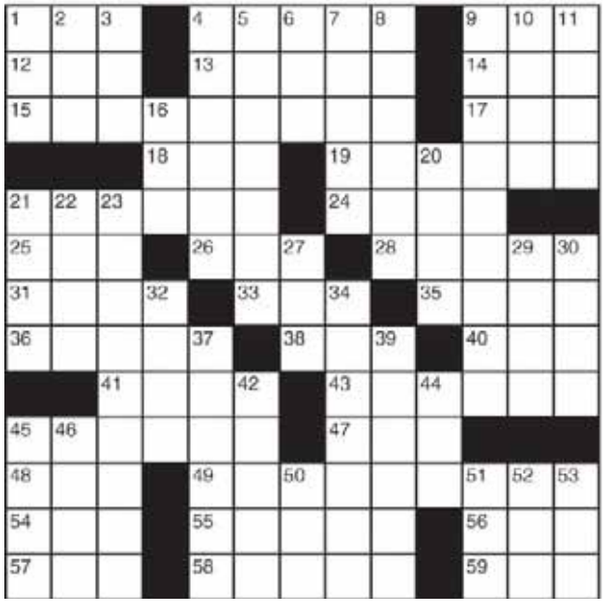

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38 Dowel
40 Bankroll
41 Warmth
43 Chic
45 Burn somewhat
47 Joke
48 Goof up
49 "The Old Man and the Sea" author
54 Pistol
55 Implant
56 Literary collection
57 Praise in verse
58 Rental contract
59 Workout venue

Down

1 Fire residue
2 Compete
3 $ dispenser
4 Soak up
5 Knocking sound
6 Lingerie item
7 Lawn-care brand
8 Vacation mecca
9 Detectives
10 Lotion additive
11 Coaster
16 Kimono sash
20 Do what you're told
21 Poi root
22 Coin aperture
23 Author Nathaniel
27 Jump
29 Historic times
30 Whirlpool
32 Prognosticator
34 Women's shoes
37 Jennifer's "Friends" role
39 Rio —
42 Topic
44 Ovum
45 Lily variety
46 Gunky stuff
50 CEO's degree
51 Humorous sort
52 Whatever amount
53 Thanksgiving vegetable

▶ Friday's answer

Sudoku

3			4		1			9
		4			8			
				9			5	
8	7			2				5
		3	1		7	6		
2				6			4	8
	2			4				
			5			2		
9			2		6			7

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

5	9	4	8	2	7	1	6	3
1	3	7	6	4	5	2	9	8
6	8	2	9	1	3	7	4	5
7	4	1	2	6	8	5	3	9
2	6	9	5	3	1	4	8	7
3	5	8	7	9	4	6	1	2
8	1	3	4	5	2	9	7	6
4	2	6	3	7	9	8	5	1
9	7	5	1	8	6	3	2	4

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

SCOOBIE
*Hi mahal! I know this was your idea for me, but I thought I would try and do this for you too since you do read this more. I would only hope that this message gets published before or in time of your birthday (Oct. 31st). You've been a great partner to me, despite of our down times, we definitely have our great times. Thank you for being in my life... I love you SOOO much! *muah* ^_^*
FROM KAWAII-CHAN

Patrick
Patrick I love you! ! Im not sure if I've told you enough. I dont want to much time to pass again lifes to short my friend, Just want kisses + cuddles everything else will be ok! !!
FROM STUPID GIRL

Today
13°/8°
Showers
70%
Tuesday
17°/9°
Partly cloudy
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Life will be easier to handle this week if you can just get over the idea that everyone thinks the same way as you and shares your convictions.

♉ Taurus April 21-May 21 Matters of a routine nature will take up most of your time today.

♊ Gemini May 22-June 21 This is going to be a productive week.

♋ Cancer June 22-July 22 Go out of your way to be nice to partners and colleagues today.

♌ Leo July 23-Aug.23 You will get the chance to move up in the world.

♍ Virgo Aug. 24- Sept. 22 You are about to be given the chance to make amends for something you said — or something you should have said but did not.

♎ Libra Sept. 23-Oct. 23 Decide what is the most important thing you should be doing right now and focus on it to the exclusion of everything else.

♏ Scorpio Oct. 24-Nov. 22 Something will happen today that convinces you that life is good and about to get even better. Believe it.

♐ Sagittarius Nov. 23-Dec. 21 Try not to get emotionally involved in other people's problems.

♑ Capricorn Dec. 22-Jan. 20 Something you have been working on for months, maybe years, will bear fruit this week.

♒ Aquarius Jan. 21-Feb. 18 You can do almost anything you want to do this coming week, but you don't have to do everything.

♓ Pisces Feb. 19-March 20. You will have to take on new responsibilities over the next seven days, and it's just what you need.

SALLY BROMPTON

Caption contest

CLIFF OWEN/THE ASSOCIATED PRESS

VADIM GHIRDA/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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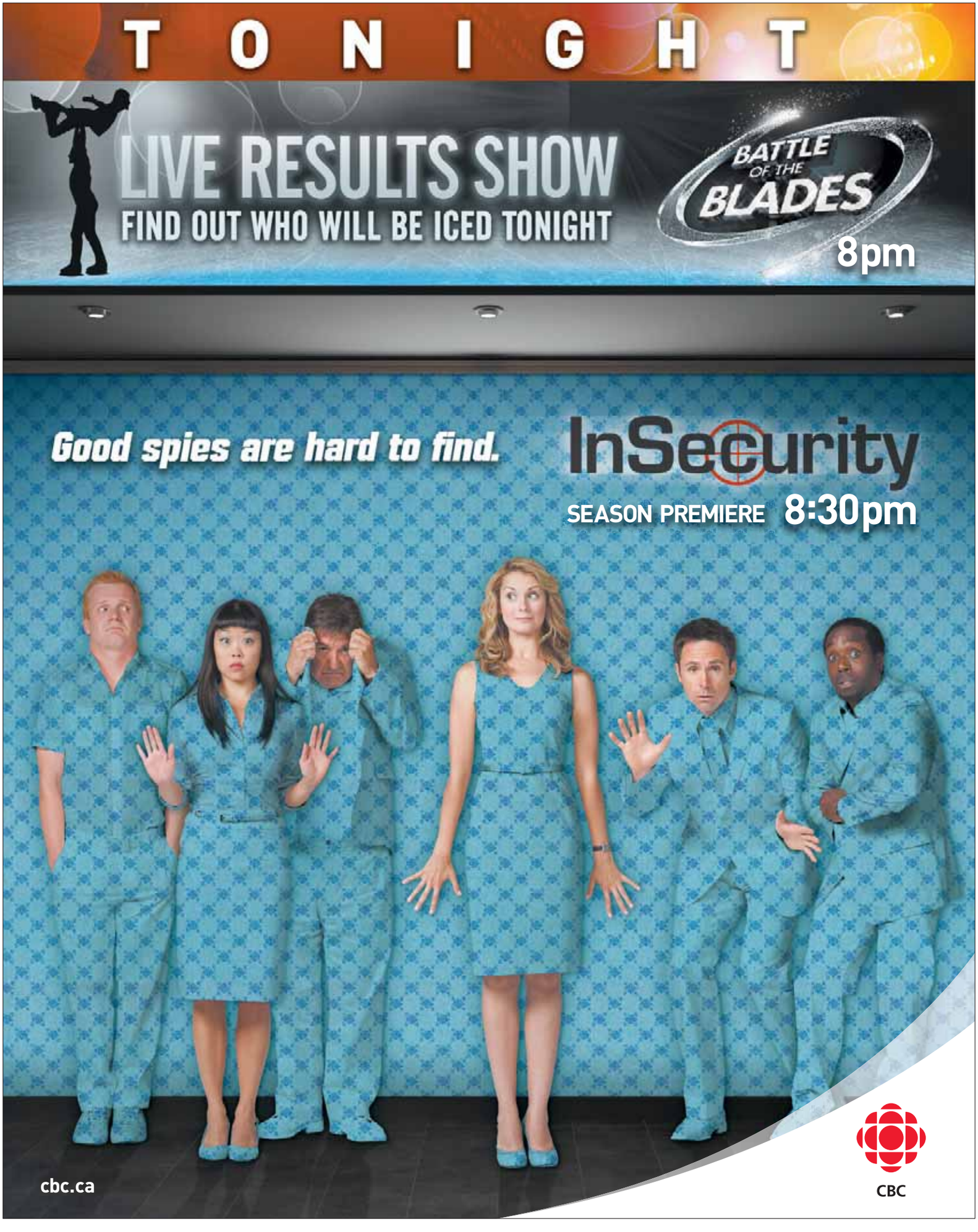
TONIGHT
LIVE RESULTS SHOW
FIND OUT WHO WILL BE ICED TONIGHT
BATTLE OF THE BLADES
8pm
Good spies are hard to find.
InSecurity
SEASON PREMIERE 8:30pm
cbc.ca
CBC